HURRICANE ACTIVE LIFE CENTER

June 2020



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1	2	3	4
Creamy Paprika Chicken	Lemon Pepper Tilapia	Fajita Chicken	Homemade Meatloaf w/Brown Gravy
Scalloped Potatoes	Buttered Rice	Lettuce & Tomato	Whipped Potatoes
Key Largo Vegetables	Capri Vegetables	Black Beans	Green Beans
Mixed Green Salad	Cucumber Tomato Salad	Fiesta Vegetable Blend	Spinach Salad
Wheat Roll	Texas Bread	Flour Tortilla	Wheat Roll
Seasonal Fruit	Seasonal Fruit	Peaches	Seasonal Fruit
Milk	Milk	Milk	Milk
Margarine	Margarine	Taco Sauce	Margarine
Ranch Salad Dressing	Wargarine	Sour Cream	Ranch Salad Dressing
Kanch Salad Dressing		Jour Cream	Karieri Salad Dressing
8	9	10	11
Salisbury Steak with Onion Gravy	Hawaiian Chicken Haystack	Beef Spaghetti Sauce	Shredded Pork with Sweet Thai Chili
Mashed Potatoes	Japanese Vegetables	Spaghetti	Sauce
Spinach	Pineapple Tidbits	Italian Vegetable Blend	Jasmine Rice
Three Bean Salad	Milk	Mixed Green Salad	Brussels Sprouts
Wheat Roll		Garlic Bread	Mixed Green Salad
Applesauce		Hot Spiced Apples	Wheat Roll
Milk		Milk	Seasonal Fruit
Margarine		Margarine	Milk
Ranch Salad Dressing		Ranch Salad Dressing	Margarine
Nation Salad Diessing		Nation Salad Diessing	Ranch Salad Dressing
15	16	17	18
13	10	17	Father's Day
BBQ Pork	Crispy Baked Chicken	Beef Lasagna Bake	Roast Beef with Gravy
Baked Beans	Au Gratin Potatoes	Broccoli	Baked Potato/Sour Cream
Coleslaw	Green Beans	Mixed Green Salad	Cabbage with Carrots
Hamburger Bun	Mixed Green Salad	Garlic Bread	Corn Salad
Hot Cinnamon Applesauce	Wheat Roll	Grapes	Dinner Roll
Milk	Seasonal Fruit	Milk	Sugar Cookie
IVIIIX	Milk	Margarine	Milk
	Margarine	Ranch Salad Dressing	Margarine
	Ranch Salad Dressing	Naticii Salau Diessing	Diet - Vanilla Wafers
	Nation Salad Diessing		Diet - Valilla Walers
22	23	24	25
Potato Crusted Fish	Meatballs w/Cranberry Sauce	Bratwurst	Parmesan Chicken
Tater Tots	Brown Rice	Sauerkraut	Penne Pasta
Green Pea Salad	Cabbage	German Potato Salad	Capri Vegetables
Wheat Roll	Carrots	Hot Dog Bun	Spinach Salad
Pears	Wheat Roll	Apple Blueberry Crisp	Breadstick
Milk	Mandarin Oranges	Milk	Seasonal Fruit
Tartar Sauce	Milk	Mustard	Milk
Ketchup	Margarine	Diet - Spiced Apples	Margarine
•	9		Ranch Salad Dressing
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29	30		
Country Fried Steak with	Glazed Ham	A suggested donation of \$3.00 is requested from seniors 60	
Country Gravy	Yams	and older.	
Whipped Potatoes	Garden Vegetable Blend	and older.	
Stewed Tomatoes	Mixed Green Salad		
Coleslaw	Wheat Roll	Persons under 60 can enjoy a meal for \$7.00	
Texas Bread	Seasonal Fruit		
Mixed Fruit	Milk	Milk and Bread served with all meals.	
Milk	Margarine	A Salad Bar is available every day in the dining room.	
Margarine	Ranch Salad Dressing	Follow Us on Facebook @triocommunitymeals.com	
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