

JULY 2019 Menu and Activities

TUESDAY		THURSDAY	
JULY 9		JULY 11	
Sloppy Joes Tater Tots Broccoli Seasonal Fruit	BINGO WITH LEON	Pulled BBQ Chicken Sandwich Baked Beans Chuckwagon Corn Macaroni Salad Seasonal Fruit	WII
JULY 16		JULY 18	
Pork Fried Rice Japanese Vegetable Blend Napa Cabbage Wheat Roll Citrus Fruit Cup	BIRTHDAYS	Swiss Steak Garlic Whipped Potatoes Glazed Baby Carrots Mixed Green Salad Bread Pudding Seasonal Fruit	BINGO
JULY 23		JULY 25	
Bratwurst Sauerkraut and Apples Potato Salad Seasonal Fruit Sugar Cookie	FAMILY PHARMACY	Glazed Ham Maple Roasted Sweet Potatoes Garden Veggies Mixed Green Salad Seasonal Fruit	CARDS OR BOARD GAMES
JULY 30			
Hawaiian Chicken Haystack Broccoli Pineapple Tidbits	BINGO	SPRINGDALE SENIOR CENTER WILL BE CLOSED JULY 2 nd AND 4 th	THERE WILL BE NO LUNCH OR ACTIVITIES THE FIRST WEEK OF JULY. WE WILL BE BACK ON TUESDAY JULY 9 TH
HOMIE OF THE FREE BECAUSE OF THE BRAVE	HAPPY INDEPENDENCE DAY	JULY BIRTHDAYS Dan McGuire 2 nd Venece Clark 7 th Gina Hupka 20 th Lizz Totten 26 th Joy Baker 28 th Susan Rovira 30 th Information & Reservations Call Hurricane Senior Center 635-2089 Everyone is Invited Call for Reservations	
