

July 2017 Menu and Activities

TUESDAY		THURSDAY	
July 4		July 6	
<p>NO LUNCH HAPPY 4TH OF JULY</p>		<p>Meatloaf Potatoes & Gravy Creamed Peas Green Salad Tropical Fruit</p>	<p>Puzzle Races</p>
July 11		July 13	
<p>Italian Sausage Sandwich w/Marinara sauce & Peppers & Onions Potato Wedges Coleslaw Seasonal Fruit</p>	<p>Before Lunch 20 minute Yoga with Julie</p> <p>BIRTHDAYS</p>	<p>Baked Chicken Scalloped Potatoes Glazed Carrots Three Bean Salad Seasonal Fruit</p>	<p>Peggy Thompson Hearing Loss Presentation</p>
July 18		July 20	
<p>Chicken Fried Rice Japanese Vege Blend Seasoned Cabbage Citrus Fruit Cup</p>	<p>Family Pharmacy</p>	<p>Polish Sausage Sauerkraut & Apples Baked Beans Potato Salad Coconut Pudding</p>	<p>Pioneer Day Story Telling</p>
July 25		July 27	
<p>Beef Pot Roast w/Gravy Roasted Potatoes Carrots w/Celery Green Salad Pineapple Lime Whip</p>	<p>BINGO</p>	<p>Country Fried Steak Potatoes & Gravy Peas & Carrots Green Salad Seasonal Fruit</p>	<p>Patsys Farewell Costume Party</p>

**Information & Reservations Call:
Hurricane Senior Center 635-2089**



HAPPY BIRTHDAY

Dan McGuire 7/2
Venece Clark 7/7

Gina Hupka 7/20
Liz Totten 7/26

Joy Baker 7/28
Susan Rovira 7/30

Suggested donation of \$3.00 requested from seniors 60 & older.
Bread & milk served with all meals.