

SPRINGDALE SENIOR LUNCH

Tues & Thurs at noon at the Canyon Community Center

August 2017 Menu and Activities

TUESDAY		THURSDAY	
Aug.1		Aug 3	
Spegetti & Meatballs Zucchini Green Salad Applesauce	BINGO	Hot Beef Sandwich Whipped Potatoes Mixed Veges Carrot Pineapple Salad Fruit & Brownie	Puzzle races
Aug 8		Aug 10	
Chicken Fajita w/ Flour Tortilla Brown Spanish Rice Fajita Vege Blend Black Bean Corn Salad Fruit	BIRTHDAYS	Meatloaf w/Gravy Whipped Potatoes Creamed Peas Green Salad Fruit	Yahtzee
Aug15		Aug 17	
Italian Sausage Sandwich w/Marinara Peppers & Onions Potato Wedges Coleslaw Fruit	Zach from Family Pharmacy	Baked Chicken Scalloped Potatoes Glazed Carrots Three Bean Salad Fruit	Show & Tell
Aug 22		Aug 24	
Chicken Fried Rice Vege Blend Seasoned Cabbage Citrus Fruit Cup	BINGO	Roasted Turkey w/Gravy Baked Potato Capri Vege Blend Carrot Raisin Salad Applesauce	Coloring
Aug 29		Aug 31	
Beef Pot Roast w/Gravy Roasted Potatoes Carrots w/Celery Green Salad Pineapple Lime Whip	BINGO	Pulled BBQ Chicken Macaroni Salad Baked Beans Glazed Baby Carrots Spiced Pear Gelatin	LABOR DAY Story Telling

**Information & Reservations Call:
Hurricane Senior Center 635-2089**

AUGUST BIRTHDAYS

MAVIS MADSEN 8/5
 LENA MABBUTT 8/11
 WARDA LEWIS 8/12

CARMEN McCOLLUM 8/14
 GERALDINE DOUGLASS 8/16
 MARIE MCNEAL 8/24

MARY JANE HUGHES 8/26
 BERNIE HARRIS 8/27
 JANIS KALI 8/30

Suggested donation of \$3 for over age 60 & \$7 for under age 60

EVERYONE INVITED! JUST CALL FOR RESERVATIONS