

September Activities

95 N. 300 W. Hurricane 435-635-2089



			1-Sep
			Billiards 9:00-3:00 Video Chair Yoga 10:00 Movie after lunch Drawing 101 1:00
Closed for Holiday	Billiards 9:00-3:00 Video Tai Chi 10:00 Mimi to entertain @ lunch Hand & Foot Cards	Billiards 9:00-3:00 Video Sit Fit 10:00 Dixie Can Do's entertain @ lunch Crafts 1:00 Caregiver Support Group 1:00	8-Sep Billiards 9:00-3:00 Video Chair Yoga 10:00 Health Screening 11:00 Neck & Shoulder Massage Chyrrel & Terry Maupin Knitting/Crochet 1:00 Drawing 101 1:00
	12-Sep	13-Sep	14-Sep
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00 Hurr. Fam. Pharmacy Bingo after lunch	Billiards 9:00-3:00 Video Tai Chi 10:00 Mimi to entertain @ lunch Hand & Foot Cards	Billiards 9:00-3:00 Video Sit Fit 10:00 Crafts 1:00 Caregiver Support Group 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Chyrrel & Terry Maupin entertain @ lunch Drawing 101 1:00
19-Sep	20-Sep	21-Sep	22-Sep
Billiards 9:00-3:00 Video Sit Fit 10:00 Health Screening 11:00-12:00 Wii bowling 11:00	Billiards 9:00-3:00 Video Tai Chi 10:00 Mimi to entertain @ lunch Hand & Foot Cards	Billiards 9:00-3:00 Video Sit Fit 10:00 Dixie Can Do's Crafts 1:00 Caregiver Support Group 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Health Screening 11:00 Chyrrel & Terry Maupin entertain @ lunch Knitting/Crochet 1:00 Drawing 101 1:00
26-Sep	27-Sep	28-Sep	29-Sep
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00-12:00 Bingo after lunch	Billiards 9:00-3:00 Video Tai Chi 10:00 Mimi to entertain @ lunch Hand & Foot Cards	Billiards 9:00-3:00 Video Sit Fit 10:00 Crafts 1:00 Caregiver Support Group 1:00	Video Chair Yoga 10:00 Chyrrel & Terry Maupin entertain @ lunch Birthday Celebration Knitting/Crochet 1:00 Drawing 101 1:00

Thrift Store is Open Mon-Thurs 10:00 am to 2:00 pm

