


October Activities

95 N. 300 W. Hurricane 435-635-2089

2-Oct	3-Oct	4-Oct	5-Oct
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00 Tai Chi 1:30	Billiards 9:00-3:00 Video Tai Chi 10:00	Billiards 9:00-3:00 Video Sit Fit 10:00 Dixie Can Do's to entertain @ lunch Crafts 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Arthur Whitney to entertain @ lunch Caregiver Group 1:00 Drawing 101 1:00
9-Oct	10-Oct	11-Oct	12-Oct
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00 Bingo after lunch Tai Chi 1:30	Billiards 9:00-3:00 Video Tai Chi 10:00 Mimi Hansen to entertain @ lunch Card Making Class @ 1:00	Billiards 9:00-3:00 Video Sit Fit 10:00 Crafts 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Neil Petty to entertain @ lunch Drawing 101 1:00 Knitting/Crochet 1:00
16-Oct	17-Oct	18-Oct	19-Oct
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00 Tai Chi 1:30	Billiards 9:00-3:00 Video Tai Chi 10:00 Nail-trim for feet 10:00	Billiards 9:00-3:00 Video Sit Fit 10:00 Dixie Can Do's to entertain @ lunch Crafts 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Arthur Whitney to entertain @ lunch Caregiver Group 1:00 Drawing 101 1:00
23-Oct	24-Oct	25-Oct	26-Oct
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00 Bingo after lunch Tai Chi 1:30	Billiards 9:00-3:00 HEAT 9:00 Dementia Class 10:00-11:30 Mimi Hansen to entertain @ lunch	Billiards 9:00-3:00 Video Sit Fit 10:00 Eye Dr. Presentation during lunch Crafts 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Neil Petty to entertain @ lunch Knitting/Crochet 1:00 Drawing 101 1:00
30-Oct	31-Oct		
Billiards 9:00-3:00 Video Sit Fit 10:00 Health Screening 11:00 Medicare Open Enroll. Bingo after lunch Tai Chi 1:30	Billiards 9:00-3:00 Video Tai Chi 10:00 Dementia Class Mimi Hansen to entertain @ lunch Halloween Celebration		

Thrift Store is Open Mon-Thurs 10:00 am to 2:00 pm