

October Activities

95 N. 300 W. Hurricane 435-635-2089

3-Oct	4-Oct	5-Oct	6-Oct
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00	Billiards 9:00-3:00 Video Tai Chi 10:00 Hand & Foot Cards	Billiards 9:00-3:00 Video Sit Fit 10:00 Dixie Can Do's Crafts 1:00 Caregiver Support Group 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Movie after lunch Drawing 101 1:00
10-Oct	11-Oct	12-Oct	13-Oct
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00 Bingo after lunch	Billiards 9:00-3:00 Video Tai Chi 10:00 Hand & Foot Cards	Billiards 9:00-3:00 Video Sit Fit 10:00 Medicare Presentation @ 12:30 Crafts 1:00 Caregiver Support Group 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Health Screening 11:00 Knitting/Crochet 1:00
17-Oct	18-Oct	19-Oct	20-Oct
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00	Billiards 9:00-3:00 Video Tai Chi 10:00 Nail-trim for feet 10:00 Hand & Foot Cards	Billiards 9:00-3:00 Video Sit Fit 10:00 Dixie Can Do's Crafts 1:00 Caregiver Support Group 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Drawing 101 1:00
24-Oct	25-Oct	26-Oct	27-Oct
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00 Bingo after lunch	Billiards 9:00-3:00 Video Tai Chi 10:00 Hand & Foot Cards	Billiards 9:00-3:00 Video Sit Fit 10:00 Crafts 1:00 Caregiver Support Group 1:00	Video Chair Yoga 10:00 Health Screening 11:00 Knitting/Crochet 1:00 Drawing 101 1:00 Birthday Celebration
31-Oct			
Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00-12:00 Medicare-5 County Open Enrollment			

Thrift Store is Open Mon-Thurs 10:00 am to 2:00 pm