

October Activities

95 N. 300 W. Hurricane 435-635-2089

4-Oct	5-Oct	6-Oct	7-Oct
Billiards 9:30-3:00 Blood Pressure/Sugar 11:00-12:00	Billiards 9:30-3:00 Video Tai Chi 10:00 Mimi Hansen to entertain @ lunch	Billiards 9:30-3:00 Video Sit & Be Fit 10:00 Dixie Can Do's entertain @ lunch Crafts 1:00	Billiards 9:30-3:00 Video Chair Yoga 10:00 Chyrrel & Terry Maupin entertain @ lunch Movie after lunch
11-Oct	12-Oct	13-Oct	14-Oct
Billiards 9:30-3:00 Blood Pressure/Sugar 11:00-12:00 Bingo after lunch	HEAT Assistance 9-12 Billiards 9:30-3:00 Video Tai Chi 10:00 Mimi Hansen to entertain @ lunch	Billiards 9:30-3:00 Video Sit & Be Fit 10:00 Crafts 1:00	Billiards 9:30-3:00 Video Chair Yoga 10:00 Chyrrel & Terry Maupin entertain @ lunch Knitting/Crochet 1:00
18-Oct	19-Oct	20-Oct	21-Oct
Billiards 9:30-3:00 Blood Pressure/Sugar 11:00-12:00	Billiards 9:30-3:00 Video Tai Chi 10:00 Mimi Hansen to entertain @ lunch	Billiards 9:30-3:00 Video Sit & Be Fit 10:00 Dixie Can Do's entertain @ lunch Crafts 1:00	Billiards 9:30-3:00 Video Chair Yoga 10:00 Chyrrel & Terry Maupin entertain @ lunch
25-Oct	26-Oct	27-Oct	28-Oct
Billiards 9:30-3:00 Blood Pressure/Sugar 11:00-12:00 Bingo after lunch	Billiards 9:30-3:00 Video Tai Chi 10:00 Mimi Hansen to entertain @ lunch	Billiards 9:30-3:00 Video Sit & Be Fit 10:00 Crafts 1:00	Billiards 9:30-3:00 Video Chair Yoga 10:00 Division of Deaf & Hard of Hearing Presentation Happy Anniversary/Birthday Celebration @ Lunch



Thrift Store is Open Mon-Thurs 11:00 am to 2:30 pm