


November Activities

95 N. 300 W. Hurricane 435-635-2089

	1-Nov	2-Nov	3-Nov
	Billiards 9:00-3:00 Video Tai Chi 10:00 Hand & Foot Cards	Billiards 9:00-3:00 Video Sit Fit 10:00 Dixie Can Do's Crafts 1:00 Caregiver Support Group 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Drawing 101 1:00
7-Nov	8-Nov	9-Nov	10-Nov
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00	Billiards 9:00-3:00 Video Tai Chi 10:00 Mimi entertain @ lunch Hand & Foot Cards	Billiards 9:00-3:00 Video Sit Fit 10:00 Crafts 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Health Screening 11:00 Drawing 101 1:00 Knitting/Crochet 1:00
14-Nov	15-Nov	16-Nov	17-Nov
Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00 Medicare Information Presentation @ 12:30 Bingo after lunch	Billiards 9:00-3:00 Video Tai Chi 10:00 Nail-trim for feet 10:00 Mimi entertain @ lunch Hand & Foot Cards	Billiards 9:00-3:00 Video Sit Fit 10:00 Dixie Can Do's Crafts 1:00 Caregiver Support Group 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Neck & Shoulder Massage 11:00 Drawing 101 1:00
21-Nov	22-Nov	23-Nov	24-Nov
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00	Billiards 9:00-3:00 Video Tai Chi 10:00 Mimi entertain @ lunch Hand & Foot Cards	Billiards 9:00-3:00 Video Sit Fit 10:00 Closed after lunch	Closed for Holiday
28-Nov	29-Nov	30-Nov	
Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00 Bingo after lunch	Billiards 9:00-3:00 Video Tai Chi 10:00 Mimi entertain @ lunch Hand & Foot Cards	Billiards 9:00-3:00 Video Sit Fit 10:00 Crafts 1:00	

Thrift Store is Open Mon-Thurs 10:00 am to 2:00 pm

