


November Activities

95 N. 300 W. Hurricane 435-635-2089

1-Nov	2-Nov	3-Nov	4-Nov
Billiards 9:30-3:00 Blood Pressure/Sugar 11:00-12:00 Wii bowling 11:00 Medicare 11:00-1:00 Writing Group 12:30	Billiards 9:30-3:00 Video Tai Chi 10:00 Mimi to entertain @ lunch Hand & Foot Cards Art Class 1:00	Billiards 9:30-3:00 Video Sit & Be Fit 10:00 Dixie Can Do's entertain @ lunch Crafts 1:00	Billiards 9:30-3:00 Video Chair Yoga 10:00 Chyrrel & Terry Maupin entertain @ lunch
8-Nov	9-Nov	10-Nov	11-Nov
Billiards 9:30-3:00 Blood Pressure/Sugar 11:00-12:00 Wii bowling 11:00 Bingo after lunch Writing Group 12:30	Billiards 9:30-3:00 Video Tai Chi 10:00 Mimi to entertain @ lunch Hand & Foot Cards Art Class 1:00	Billiards 9:30-3:00 Video Sit & Be Fit 10:00 Crafts 1:00	Billiards 9:30-3:00 Video Chair Yoga 10:00 Chyrrel & Terry Maupin entertain @ lunch Knitting/Crochet 1:00
15-Nov	16-Nov	17-Nov	18-Nov
Billiards 9:30-3:00 Blood Pressure/Sugar 11:00-12:00 Wii bowling 11:00 Writing Group 12:30	Billiards 9:30-3:00 Video Tai Chi 10:00 Ice Cream Social-United Health Care Hand & Foot Cards Art Class 1:00	Billiards 9:30-3:00 Video Sit & Be Fit 10:00 Dixie Can Do's entertain @ lunch Crafts 1:00	Billiards 9:30-3:00 Video Chair Yoga 10:00 Chyrrel & Terry Maupin entertain @ lunch
22-Nov	23-Nov	24-Nov	25-Nov
Billiards 9:30-3:00 Blood Pressure/Sugar 11:00-12:00 Wii bowling 11:00 Bingo after lunch Writing Group 12:30	Billiards 9:30-3:00 Video Tai Chi 10:00 Mimi to entertain @ lunch Hand & Foot Cards Art Class 1:00	Billiards 9:30-1:30 Video Sit & Be Fit 10:00 No activities after lunch	Closed for Thanksgiving
29-Nov	30-Nov		
Billiards 9:30-3:00 Blood Pressure/Sugar 11:00-12:00 Wii bowling 11:00 Writing Group 12:30	Billiards 9:30-3:00 Video Tai Chi 10:00 Mimi to entertain @ lunch Hand & Foot Cards Art Class 1:00		

Thrift Store is Open Mon-Thurs 11:00 am to 2:30 pm

