

May Activities

95 N. 300 W. Hurricane 435-635-2089

1-May	2-May	3-May	4-May
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00 Tai Chi 1:30	Billiards 9:00-3:00 Video Tai Chi 10:00	Billiards 9:00-3:00 Video Sit Fit 10:00 Dixie Can Do's Crafts 1:00 Caregiver Support Group 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Drawing 101 1:00
8-May	9-May	10-May	11-May
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00 Bingo after lunch Tai Chi 1:30	Billiards 9:00-3:00 Video Tai Chi 10:00 Mimi Hansen to entertain @ lunch	Billiards 9:00-3:00 Video Sit Fit 10:00 Nutrition Class 11:00 Crafts 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Neck & Shoulder Massage Health Presentation @ lunch Drawing 101 1:00 Knitting/Crochet 1:00
15-May	16-May	17-May	18-May
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00 Tai Chi 1:30	Billiards 9:00-3:00 Video Tai Chi 10:00 Nail-trim for feet 10:00	Video Sit Fit 10:00 Nutrition Class 11:00 Health Screening Dixie Can Do's Crafts 1:00 Caregiver Support Group 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Drawing 101 1:00
22-May	23-May	24-May	25-May
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00 Bingo after lunch Tai Chi 1:30	Billiards 9:00-3:00 Video Tai Chi 10:00 Mimi Hansen to entertain @ lunch	Billiards 9:00-3:00 Video Sit Fit 10:00 Nutrition Class 11:00 Crafts 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Drawing 101 1:00 Knitting/Crochet 1:00 Birthday Celebration
29-May	30-May	31-May	
Closed for Holiday	Billiards 9:00-3:00 Video Tai Chi 10:00	Billiards 9:00-3:00 Video Sit Fit 10:00 Nutrition Class 11:00 Crafts 1:00	

Thrift Store is Open Mon-Thurs 10:00 am to 2:00 pm

