



Hurricane Senior Center

March 2017

Monday	Tuesday	Wednesday	Thursday
<p><i>A suggested donation of \$3.00 is requested from seniors 60 and older.</i></p> <p>.....</p> <p><i>Persons under 60 can Enjoy a meal for \$7.00.</i></p> <p>.....</p> <p><i>Milk and Bread served with all meals.</i></p>		<p style="text-align: right;">1</p> <p style="text-align: center;"> Glazed Ham Au Gratin Potatoes Green Beans Coleslaw Applesauce Gingerbread Cake </p>	<p style="text-align: right;">2</p> <p style="text-align: center;"> Country Fried Steak w/Gravy Whipped Potatoes Mixed Vegetables Mixed Green Salad Seasonal Fruit </p>
<p style="text-align: right;">6</p> <p style="text-align: center;"> Pork Loin with Apricot Mustard Sauce Wild Rice Mixed Vegetables Mixed Green Salad Applesauce </p>	<p style="text-align: right;">7</p> <p style="text-align: center;"> Tuna Noodle Casserole Capri Vegetable Blend Mixed Green Salad Hot Spiced Fruit </p>	<p style="text-align: right;">8</p> <p style="text-align: center;"> Cranberry Orange Chicken Breast Oven Roasted Potatoes Green Peas Mixed Green Salad Tropical Fruit </p>	<p style="text-align: right;">9</p> <p style="text-align: center;"> Beef Chili with Beans Baked Potato Glazed Carrots Mixed Green Salad Seasonal Fruit Brownie Diet - Vanilla Wafers </p>
<p style="text-align: right;">13</p> <p style="text-align: center;"> Tater Tot Casserole Glazed Baby Carrots Coleslaw Hot Spiced Fruit Ranger Cookie Diet - Vanilla Wafers </p>	<p style="text-align: right;">14</p> <p style="text-align: center;"> Roasted Turkey Breast w/Gravy Hashbrown Casserole Garden Vegetable Blend Mixed Green Salad Seasonal Fruit </p>	<p style="text-align: right;">15</p> <p style="text-align: center;"> Three Cheese Chicken Penne Spinach Mixed Green Salad Peach Crisp Diet - Hot Peaches </p>	<p style="text-align: right;">16</p> <p style="text-align: center;">  <u><i>St. Patrick's Day Meal</i></u> Corned Beef Red Potatoes Cabbage and Carrots Mixed Green Salad Pineapple Lime Whip Diet - Pineapple Tidbits </p>
<p style="text-align: right;">20</p> <p style="text-align: center;"> Pulled BBQ Chicken on Bun Baked Beans Potato Salad Apple Blueberry Crisp Diet - Hot Apples </p>	<p style="text-align: right;">21</p> <p style="text-align: center;"> Beef Ziti Bake Mixed Vegetables Mixed Green Salad Hot Spiced Pears </p>	<p style="text-align: right;">22</p> <p style="text-align: center;"> Scalloped Potato and Ham Bake Spinach Coleslaw Peach Crisp Diet - Hot Peaches </p>	<p style="text-align: right;">23</p> <p style="text-align: center;"> Crustless Chicken Pot Pie Whole Kernel Corn Mixed Green Salad Seasonal Fruit </p>
<p style="text-align: right;">27</p> <p style="text-align: center;"> Meatballs with Spaghetti Sauce Spaghetti California Vegetable Blend Mixed Green Salad Apple Crisp Diet - Hot Apples </p>	<p style="text-align: right;">28</p> <p style="text-align: center;"> Oven Fried Chicken Breast Scalloped Potatoes Garden Vegetable Blend Mixed Green Salad Seasonal Fruit Rocky Road Pudding Diet - Chocolate Pudding </p>	<p style="text-align: right;">29</p> <p style="text-align: center;"> Potato Crusted Pollock Macaroni and Cheese Green Beans Coleslaw Mandarin Oranges </p>	<p style="text-align: right;">30</p> <p style="text-align: center;"> Homemade Meatloaf w/Gravy Baked Potato Glazed Carrots Mixed Green Salad Pears </p>

<p><i>Hurricane Senior Center</i></p> <p>435-635-2089</p> <p>.....</p> <p>Lunch is Served 11:30 a.m. to 12:30 p.m.</p> <p>.....</p> <p>Thrift Store is Open Monday - Thursday</p> <p>11:30 a.m. to 2:30 p.m.</p>
<p><i>Happy Birthday!</i></p> <p>Is your Birthday in March?</p> <p>Clip this coupon and bring to Hurricane Senior Center and receive 1 free lunch.</p>
<p><i>Welcome!</i></p> <p>Is this your first time here?</p> <p>Please use this as a "lunch is on us" ticket.</p>