

# June Activities

95 N. 300 W. Hurricane 435-635-2089



			1-Jun
			Billiards 9:00-3:00
			Video Chair Yoga 10:00
			Drawing 101 1:00
5-Jun	6-Jun	7-Jun	8-Jun
Billiards 9:00-3:00 Video Sit Fit 10:00  Wii bowling 11:00 Health Screening 11:00  Tai Chi 1:30	Billiards 9:00-3:00  Video Tai Chi 10:00  Hand & Foot Cards 1:00	Billiards 9:00-3:00 Video Sit Fit 11:00 Nutrition Class 11:00 Dixie Can Do's Caregiver Support Group 1:00 Crafts 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00 Neck & Shoulder Massage  Drawing 101 1:00 Knitting/Crochet 1:00
12-Jun	13-Jun	14-Jun	15-Jun
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00 Bingo after lunch Tai Chi 1:30	Billiards 9:00-3:00 Video Tai Chi 10:00 Mimi Hansen to entertain @ lunch Hand & Foot Cards 1:00	Billiards 9:00-3:00 Video Sit Fit 11:00  Nutrition Class 11:00  Crafts 1:00	Billiards 9:00-3:00  Video Chair Yoga 10:00  Drawing 101 1:00
19-Jun	20-Jun	21-Jun	22-Jun
Closed for Holiday	Video Tai Chi 10:00 Nail-trim for feet 10:00 Medicare 101 presentation @ lunch Hand & Foot Cards 1:00	Video Sit Fit 11:00 Health Screening 11:00 Dixie Can Do's Caregiver Support Group 1:00 Crafts 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00  Drawing 101 1:00  Knitting/Crochet 1:00
26-Jun	27-Jun	28-Jun	29-Jun
Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00 Bingo after lunch Tai Chi 1:30 Mesquite Trip	Billiards 9:00-3:00 Video Tai Chi 10:00 Mimi Hansen to entertain @ lunch Hand & Foot Cards 1:00	Billiards 9:00-3:00  Video Sit Fit 11:00  Crafts 1:00	Billiards 9:00-3:00 Video Chair Yoga 10:00  Drawing 101 1:00  Birthday Celebration

\*Thrift Store is Open Mon-Thurs 10:00 am to 2:00 pm\*