

Hurricane Senior Center

June 2017 Newsletter



Calendar of Events

June 7 – Advisory Board Meeting

June 7 – Blood Pressure/Sugar Screening

June 8 – Zions Way Hand/Neck Massage

June 15 – Serenity Funeral Home Presentation

June 21 – Blood Pressure/Sugar Screening

June 29 – Birthday/Anniversary Celebration

THRIFT STORE

OPEN MON – THURS

11:30 AM – 2:30 PM

DONATIONS ACCEPTED!

Hurricane Senior Center
95 N 300 W
Hurricane, UT 84737
435-635-2089

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Hours of Operation

Monday – Thursday
9:00AM – 4:00PM

Lunch served daily –
11:30AM - 12:30PM \$3

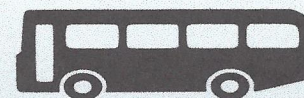
Dial-A-Ride Program

We offer an in town Dial-A-Ride service for grocery shopping or medical needs. Bus hours are 10:30 AM – 2:30 PM Monday – Thursday.

Our Dial-A-Ride service to St. George is available Wednesday afternoon for your shopping or medical needs.

Age 60+ suggested donation:
\$5 round trip/\$3 one way

Call 435-635-2089 to schedule.



Volunteers Needed
to lead a *Senior Exercise Class*. See the front desk if interested!



The Hurricane Senior Center and Washington County Council on Aging receive Federal and State funds to help support our programs, both the activities and nutrition programs – including Meals on Wheels. However, this funding only supports a portion of the services. Your contributions to the cost of this service are very important to maintaining it. We appreciate any support you are able to offer and encourage you to be as generous as possible with your voluntary donations.

Meal donations help to off-set the cost of meals. On average, the actual cost of a meal is between \$7-\$11. Your meal donations are vital to maintaining the Nutrition Programs at our Senior Center.

Activity donations help to pay for the many activities and programs that are available at our Senior Center, as well as, the parties and fun things we do. Your donation dollars are vital to our programming and activity options!

Monthly Events

Dixie-Can-Do's Entertain -1st & 3rd Monday

Jeanie Taylor to Entertain – 3rd Wednesday

Living Wills and Trust Information available - 2nd & 4th Monday @ 11:30am

Encompass Home & Healthcare – Blood Pressure & Sugar checks – 1st & 3rd Wednesday @ 11:00am-12:00pm

Hurricane Family Pharmacy – Presentation 3rd Wednesday @ 12:00pm

Zions Way – Hand and Neck Massages – 2nd Thursday @ 11:00am – 12:00pm

Crochet Class – 2nd & 4th Thurs @ 1:00pm \$1

Beginning Knitting – 2nd & 4th Thurs @ 1:00pm \$1

Craft Class – every Wed @ 12:30pm \$1

Bingo 60+ Only – every Thursday @ 12:30pm

Bridge Group – every Monday @ 12:30 \$.50

Pinochle Group – Tuesdays @ 12:30pm \$.50

Skip Bo Card Group – Tues & Thurs 10am \$.50

Paint Club – Tuesdays @ 1:00pm \$2

Billiards – Open daily 9am – 3:30pm

Happy Birthday/Anniversary Celebration – last Thursday of every month!

COME JOIN US!

June Message 1:

HHS OIG Hotline Telephone Number Used in Scam

The U.S. Department of Health and Human Services (HHS) Office of Inspector General (OIG) recently confirmed that the **HHS OIG Hotline telephone number is being used as part of a telephone spoofing scam targeting individuals throughout the country**. These scammers represent themselves as HHS OIG Hotline employees and can alter the appearance of the caller ID to make it seem as if the call is coming from the HHS OIG Hotline 1-800-HHS-TIPS (1-800-447-8477). The perpetrator may use various tactics to obtain or verify the victim's personal information, which can then be used to steal money from an individual's bank account or for other fraudulent activity. HHS OIG takes this matter seriously. We are actively investigating this matter and intend to have the perpetrators prosecuted.

It is important to know that HHS OIG will not use the HHS OIG Hotline telephone number to make outgoing calls and individuals should not answer calls from 1-800-HHS-TIPS (1-800-447-8477). We encourage the public to remain vigilant, protect their personal information, and guard against providing personal information during calls that purport to be from the HHS OIG Hotline telephone number. We also remind the public that **it is still safe to call into the HHS OIG Hotline to report fraud**. We particularly encourage those who believe they may have been a victim of the telephone spoofing scam to report that information to us through the HHS OIG Hotline 1-800-HHS-TIPS (1-800-447-8477) or spoof@oig.hhs.gov. Individuals may also file a complaint with the Federal Trade Commission 1-877-FTC-HELP (1-877-382-4357).

Protect Yourself

Do not provide any personal information to unknown individuals, including any of the following information:

- a social security number
- date of birth
- credit card information
- driver's license number
- bank account information
- mother's maiden name

Do not verify your name or any other personal information. Be extremely cautious.

Report the Scam

If you are a victim of the telephone spoofing scam, contact the HHS OIG Hotline or file a complaint with the Federal Trade Commission.

Be sure to include:

- date and time you received scam the call
- any other details from the scam call

June Message 2:

What is the difference between preventive services and diagnostic services?

Many preventive services are provided alongside care that is diagnostic or alongside other health care services. A service is considered preventive if you have no prior symptoms of the disease. In some cases, Medicare only covers preventive care services if you have certain risk factors. For example, Medicare covers a one-time Hepatitis C screening test if you meet at least one of the following conditions:

- You have a current or past history of illicit injection drug use.
- You have had a blood transfusion before 1992.
- You were born between 1945 and 1965.

In contrast, diagnostic services tend to address symptoms or conditions that you already have. The classification of services as preventive versus diagnostic is important because it affects your out-of-pocket costs. You typically need to pay a copay, coinsurance, and/or deductible for diagnostic services. For example, the Annual Wellness Visit is a Medicare-covered preventive screening, and no cost-sharing applies. However, if your provider investigates or treats a symptom you are experiencing during your Annual Wellness Visit, this additional care is not part of the Annual Wellness Visit and cost-sharing will apply. Another example is a Colonoscopy. Medicare covers a screening colonoscopy every 10 years (or every 24 months if you are high risk) as a preventive health benefit. However, if a screening colonoscopy results in the biopsy or removal of a lesion or growth during the same visit, the procedure is considered diagnostic and you may have to pay coinsurance and/or a copayment, but the Part B deductible doesn't apply.