


# January Activities

95 N. 300 W. Hurricane 435-635-2089

1-Jan	2-Jan	3-Jan	4-Jan
Closed for Holiday	Billiards 9:00-3:00 Video Exercise 10:00 Dementia Education 10:00-11:30	Billiards 9:00-3:00 Video Sit Fit 10:00 Dixie Can Do's to entertain @ lunch	Billiards 9:00-3:00 Jumpstart to Fitness 10:00 Birthday Celebration Arthur Whitney to entertain @ lunch Caregiver Group 1:00 Drawing 101 1:00
8-Jan	9-Jan	10-Jan	11-Jan
Billiards 9:00-3:00 Video Sit Fit 10:00 Health Screening 11:00 Bingo after lunch Tai Chi 1:30	Billiards 9:00-3:00 Video Exercise 10:00 Dementia Education 10:00-11:30	Billiards 9:00-3:00 Video Sit Fit 10:00	Billiards 9:00-3:00 Jumpstart to Fitness 10:00 Neil Petty to entertain @ lunch Drawing 101 1:00 Knitting/Crochet 1:00
15-Jan	16-Jan	17-Jan	18-Jan
Closed for Holiday	Billiards 9:00-3:00 Video Exercise 10:00 Nail-trim for feet 10:00 Dementia Education 10:00-11:30	Billiards 9:00-3:00 Video Sit Fit 10:00 Dixie Can Do's to entertain @ lunch	Billiards 9:00-3:00 Jumpstart to Fitness 10:00 Health Screening 11:00 Arthur Whitney to entertain @ lunch Caregiver Group 1:00 Drawing 101 1:00
22-Jan	23-Jan	24-Jan	25-Jan
Video Sit Fit 10:00 Health Screening 11:00 Rob Goulding to entertain @ lunch Bingo after lunch Tai Chi 1:30	Billiards 9:00-3:00 Video Exercise 10:00 Dementia Education 10:00-11:30	Billiards 9:00-3:00 Video Sit Fit 10:00	Billiards 9:00-3:00 Jumpstart to Fitness 10:00 Neil Petty to entertain @ lunch Drawing 101 1:00 Knitting/Crochet 1:00
29-Jan	30-Jan	31-Jan	
Billiards 9:00-3:00 Video Sit Fit 10:00 Wii bowling 11:00 Health Screening 11:00 Card Making Class Tai Chi 1:30	Billiards 9:00-3:00 Video Exercise 10:00 Dementia Education 10:00-11:30	Billiards 9:00-3:00 Video Sit Fit 10:00	

\*Thrift Store is Open Mon-Thurs 10:00 am to 2:00 pm\*

\*Thrift Store will be closed Dec. 25th to Jan. 8th\*