

# January Activities

95 N. 300 W. Hurricane 435-635-2089

3-Jan	4-Jan	5-Jan	6-Jan
Billiards 9:30-3:00 Health Screening 11:00-12:00 Wii bowling 11:00 Writing Group 1:00	Billiards 9:30-3:00 Video Tai Chi 10:00 Mimi to entertain @ lunch Caregiver Support Group 1:00	Billiards 9:30-3:00 Video Sit & Be Fit 10:00 Dixie Can Do's entertain @ lunch Crafts 1:00	Billiards 9:30-3:00 Video Chair Yoga 10:00 Chyrrel & Terry Maupin entertain @ lunch Movie after lunch Drawing 101 1:00
10-Jan	11-Jan	12-Jan	13-Jan
Billiards 9:30-3:00 Health Screening 11:00-12:00 Wii bowling 11:00 Bingo after lunch Writing Group 1:00	Billiards 9:30-3:00 Video Tai Chi 10:00 Mimi to entertain @ lunch Caregiver Support Group 1:00	Billiards 9:30-3:00 Video Sit & Be Fit 10:00 Crafts 1:00	Billiards 9:30-3:00 Video Chair Yoga 10:00 Chyrrel & Terry Maupin entertain @ lunch Knitting/Crochet 1:00 Drawing 101 1:00
17-Jan	18-Jan	19-Jan	20-Jan
Closed for Holiday	Billiards 9:30-3:00 Video Tai Chi 10:00 Mimi to entertain @ lunch Caregiver Support Group 1:00	Billiards 9:30-3:00 Video Sit & Be Fit 10:00 Dixie Can Do's entertain @ lunch Crafts 1:00	Billiards 9:30-3:00 Video Chair Yoga 10:00 Chyrrel & Terry Maupin entertain @ lunch Drawing 101 1:00
24-Jan	25-Jan	26-Jan	27-Jan
Billiards 9:30-3:00 Health Screening 11:00-12:00 Wii bowling 11:00 Bingo after lunch Writing Group 1:00	Billiards 9:30-3:00 Video Tai Chi 10:00 Mimi to entertain @ lunch Caregiver Support Group 1:00	Billiards 9:30-3:00 Video Sit & Be Fit 10:00 Roger Dean to entertain @ lunch Crafts 1:00	Billiards 9:30-3:00 Video Chair Yoga 10:00 Chyrrel & Terry Maupin entertain @ lunch Knitting/Crochet 1:00 Drawing 101 1:00
31-Jan			
Billiards 9:30-3:00 Health Screening 11:00-12:00 Wii bowling 11:00 Writing Group 1:00			

\*Thrift Store is Open Mon-Thurs 10:00 am to 2:00 pm\*