

HURRICANE SENIOR CENTER

SEPTEMBER 2019



Valley
an elior company

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
2	3	4	5
Closed for Labor Day	Hawaiian Chicken Haystack Broccoli Pineapple Tidbits Milk	Potato Crusted Pollock Lettuce, Tomato, and Onion Sweet Potato Fries Coleslaw Whole Wheat Hamburger Bun Peach Crisp Milk Ketchup Diet - Hot Peaches	Country Fried Steak w/Country Gravy Garlic Whipped Potatoes Green Beans Mixed Green Salad Wheat Roll Seasonal Fruit Milk Margarine Salad Dressing
9	10	11	12
Beef Taco Salad Beef Chili w/Beans Shredded Cheese Brown Spanish Rice Tossed Salad Tortilla Chips Seasonal Fruit Strawberry Fruited Gelatin Milk Sour Cream Diet - Fruited Gelatin	Turkey Stew Red Potatoes Carrots with Celery Beet Salad Biscuit Tropical Fruit Milk Margarine	Chicken Salad Lettuce and Tomato Five Bean Salad Wheat Bread (2 slices) Cantaloupe Pineapple Lime Whip Milk	Homemade Meatloaf Brown Gravy Garlic Whipped Potatoes Creamed Peas Mixed Green Salad Wheat Roll Seasonal Fruit Milk Margarine Salad Dressing Salad Dressing
16	17	18	19
Honey Lime Chicken Rice Florentine Fiesta Vegetable Blend Coleslaw Wheat Roll Seasonal Fruit Milk Margarine	Hamburger Lettuce, Tomato & Onion Baked Beans Potato Salad Hamburger Bun Seasonal Fruit Milk Ketchup	Cheesy Pizza Bake Italian Vegetable Blend Spinach Salad Breadstick Grapes Milk Salad Dressing	Pulled BBQ Chicken Baked Beans Chuckwagon Corn Macaroni Salad Whole Wheat Hamburger Bun Seasonal Fruit Milk
23	24	25	26
Potato Crusted Pollock Au Gratin Potatoes California Vegetable Blend Coleslaw Wheat Roll Applesauce Milk Margarine Tartar Sauce	Pork Fried Rice Japanese Vegetable Blend Napa Cabbage Wheat Roll Citrus Fruit Cup Milk Margarine	Sliced Turkey Breast Swiss Cheese Lettuce/Tomato/Onion Green Pea Salad Rye Bread (2) Peaches w/Cottage Cheese Strawberry Shortcake Cookie Milk Mayonnaise Mustard Diet - Vanilla Wafers	Swiss Steak Garlic Whipped Potatoes Glazed Baby Carrots Mixed Green Salad Bread Pudding Seasonal Fruit Milk Margarine Salad Dressing
30	A suggested donation of \$3.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00.		
Baked Chicken Cacciatore Penne Pasta Italian Vegetable Blend Mixed Green Salad Texas Bread Hot Spiced Pears Milk Margarine	Milk and bread served with all meals.		
	Salad bar is available every day in the dining room.		