

# Hurricane Senior Center

## January 2017

Monday	Tuesday	Wednesday	Thursday
2	3	4	5
<p><u>Closed for Holiday</u></p> 	<p><b>Roasted Turkey Breast w/Gravy</b> Hashbrown Casserole Garden Vegetable Blend Mixed Green Salad Seasonal Fruit</p>	<p><b>Three Cheese Chicken Penne</b> Spinach Mixed Green Salad Peach Crisp Diet - Hot Peaches</p>	<p><b>Homemade Meatloaf w/Gravy</b> Whipped Potatoes California Vegetable Blend Mixed Green Salad Citrus Fruit Cup</p>
9	10	11	12
<p><b>Pulled BBQ Chicken on Bun</b> Baked Beans Potato Salad Apple Blueberry Crisp Diet - Hot Apples</p>	<p><b>Beef Ziti Bake</b> Mixed Vegetables Mixed Green Salad Hot Spiced Pears</p>	<p><b>Scalloped Potato and Ham Bake</b> Spinach Coleslaw Peach Crisp Diet - Hot Peaches</p>	<p><b>Crustless Chicken Pot Pie</b> Whole Kernel Corn Mixed Green Salad Seasonal Fruit</p>
16	17	18	19
<p><u>Closed for Holiday</u></p> 	<p><b>Oven Fried Chicken Breast</b> Scalloped Potatoes Garden Vegetable Blend Mixed Green Salad Seasonal Fruit Rocky Road Pudding Diet - Chocolate Pudding</p>	<p><b>Potato Crusted Pollock</b> Macaroni and Cheese Green Beans Coleslaw Mandarin Oranges</p>	<p><b>Homemade Meatloaf w/Gravy</b> Baked Potato Glazed Carrots Mixed Green Salad Pears</p>
23	24	25	26
<p><b>Hot Turkey Sandwich</b> Whipped Potatoes Peas and Carrots Mixed Green Salad Pineapple Tidbits</p>	<p><b>Country Fried Steak w/Gravy</b> Whipped Potatoes Mixed Vegetables Mixed Green Salad Seasonal Fruit</p>	<p><b>Breakfast Casserole</b> O'Brien Potatoes Stewed Tomatoes Fruit Cocktail</p>	<p><b>Glazed Ham</b> Au Gratin Potatoes Green Beans Coleslaw Applesauce Gingerbread Cake</p>
30	31		<p><i>A suggested donation of \$3.00 is requested from seniors 60 and older.</i></p> <p>.....</p> <p><i>Persons under 60 can Enjoy a meal for \$7.00.</i></p> <p>.....</p> <p><i>Milk and Bread served with all meals.</i></p>
<p><b>Pork Loin with Apricot Mustard Sauce</b> Wild Rice Mixed Vegetables Mixed Green Salad Applesauce</p>	<p><b>Tuna Noodle Casserole</b> Capri Vegetable Blend Mixed Green Salad Hot Spiced Fruit</p>		