

Hurricane Senior Center March 2019

| Monday | Tuesday | Wednesday | Thursday |
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| 4 Hawaiian Chicken Haystack Buttered Rice Sugar Snap Peas Pineapple Tidbits Milk | 5 Taco Soup Baked Potato Mixed Green Salad Tortilla Chips Mango Milk Sour Cream/Margarine Ranch Salad Dressing | 6 Glazed Ham Sweet Potato Hash Green Beans Sliced Beets Cornbread Fluffy Fruit Salad Milk Margarine | 7 Country Fried Steak Country Gravy Country Potatoes Mixed Vegetables Mixed Green Salad Wheat Roll Seasonal Fruit Milk Margarine Ranch Salad Dressing |
| 11 Beef Patty Lettuce/Tomato/Onion/Pickle Tater Tots Hamburger Bun Apple Cherry Compote Milk Ketchup Mustard Diet - Hot Sliced Apples | 12 Cuban Shredded Pork Brown Rice Broccoli and Cauliflower Mixed Green Salad Wheat Roll Brownie Seasonal Fruit Milk Margarine Ranch Salad Dressing Diet - Vanilla Crème Cookies | 13 Chicken Parmesan Penne Pasta Spinach Cucumber Salad Texas Bread Seasonal Fruit Milk Margarine | <u>St. Patrick's Day Meal</u> 14 Corned Beef Red Potatoes Cabbage and Carrots Mixed Green Salad Rye Bread Pineapple Lime Whip Milk Margarine Salad Dressing Mustard Diet - Pineapple Tidbits |
| 18 Salisbury Steak Onion Gravy Buttered Rice Stewed Tomatoes Green Peas Wheat Roll Peaches Milk Margarine | 19 Roasted Turkey Breast Poultry Gravy Maple Roasted Sweet Potatoes Green Beans Mixed Green Salad Wheat Roll Grapes Milk Margarine Ranch Salad Dressing | 20 Pulled BBQ Chicken Baked Beans Potato Salad Hamburger Bun Apple Raisin Compote Milk Diet - Hot Sliced Apples | 21 Homemade Meatloaf Brown Gravy Garlic Country Potatoes California Vegetable Blend Carrot Raisin Salad Wheat Roll Seasonal Fruit Milk Margarine |
| 25 Mild Pork Carnitas Cauliflower with Red Peppers Refried Beans Mexican Corn Salad Tortilla Applesauce Milk Taco Sauce | 26 Beef Lasagna Italian Vegetable Blend Mixed Green Salad Garlic Texas Bread Pears Milk Margarine Ranch Salad Dressing | 27 Sliced Turkey Breast Sliced Swiss Cheese Lettuce and Tomato Minestrone Soup Cucumber Salad Whole Wheat Bread (2 slices) Strawberry Soufflé Gelatin Seasonal Fruit Milk Mustard/Mayonnaise Diet - Fruited Gelatin | 28 Crustless Chicken Pot Pie Club Spinach Biscuit Apricot Halves Milk Margarine |

A suggested donation of \$3.00 is requested from seniors 60 and older.

Persons under 60 can enjoy a meal for \$7.00.

Milk and bread served with all meals.

Salad bar available every day in dining room.