

HURRICANE SENIOR CENTER

MARCH 2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
2	3	4	5
Beef Patty Lettuce/Tomato/Onion/Pickle Tater Tots Hamburger Bun Apple Cherry Compote Milk Ketchup Mustard Diet - Hot Sliced Apples	Chicken Parmesan Penne Pasta Garden Vegetables Cucumber Salad Texas Bread Seasonal Fruit Milk Margarine	Baked Tilapia w/Lemon Dill Sauce Brown Rice Broccoli and Cauliflower Mixed Green Salad Wheat Roll Brownie Seasonal Fruit Milk Margarine Ranch Salad Dressing Diet - Vanilla Crème Cookies	Country Fried Steak Country Gravy Country Potatoes Mixed Vegetables Tossed Green Salad Wheat Roll Seasonal Fruit Milk Margarine Ranch Salad Dressing
9	10	11	12
Salisbury Steak with Onion Gravy Buttered Rice Stewed Tomatoes Green Peas Wheat Roll Peaches Milk Margarine	Roasted Turkey Breast Turkey Gravy Maple Roasted Sweet Potatoes Green Beans Mixed Green Salad Wheat Roll Grapes Milk Margarine Ranch Salad Dressing	Homemade Meatloaf Brown Gravy Country Potatoes Capri Vegetable Blend Carrot Raisin Salad Wheat Roll Seasonal Fruit Milk Margarine	Pulled BBQ Chicken Baked Beans Coleslaw Whole Wheat Hamburger Bun Apple Raisin Compote Milk Diet - Hot Sliced Apples
16	17	18	19
Pork Carnitas California Vegetables Refried Beans Mexican Corn Salad Flour Tortilla Applesauce Milk Taco Sauce	St. Patrick's Day Corned Beef Roasted Red Potatoes Cabbage and Carrots Mixed Green Salad Rye Bread Tropical Fruit Cocktail Milk Margarine Ranch Salad Dressing	Sliced Turkey Pastrami Sliced Swiss Cheese Lettuce and Tomato Minestrone Soup Cucumber Salad Whole Wheat Hamburger Bun Seasonal Fruit Milk Mustard Mayonnaise	Crustless Chicken Pot Pie Club Spinach Biscuit Mandarin Oranges Milk Margarine
23	24	25	26
Beef Spaghetti Sauce Spaghetti Noodles Zucchini Tossed Green Salad Garlic Texas Bread Seasonal Fruit Milk Margarine Ranch Salad Dressing	Potato Crusted Pollock Crinkle Cut Fries Key Largo Vegetables Coleslaw Wheat Roll Pineapple Tidbits Milk Margarine Tartar Sauce Ketchup	Ground Beef Stroganoff over Egg Noodles Brussels Sprouts Parslied Carrots Cornbread Seasonal Fruit Chocolate Chip Cookie Milk Margarine Diet - Vanilla Crème Cookies	Health Expo-St. George Grilled Cheeseburger served on Whole Wheat Bun Lettuce/Tomato/Onion/Pickle Potato Salad Baked Beans Applesauce Milk Mustard Mayonnaise Ketchup
30	31		
Hawaiian Chicken Haystack Buttered Rice Oriental Vegetables Pineapple Tidbits Milk	Beef Taco Soup Baked Potato Mixed Green Salad Tortilla Chips Mango Milk Sour Cream/Margarine Ranch Salad Dressing	A suggested donation of \$3.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00 Lunch is served 11:30 am to 12:30 pm Milk and Bread served with all meals. A Salad Bar is available every day in the dining room.	

