

# HURRICANE ACTIVE LIFE CENTER

June 2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Creamy Paprika Chicken Scalloped Potatoes Key Largo Vegetables Mixed Green Salad Wheat Roll Seasonal Fruit Milk Margarine Ranch Salad Dressing	Lemon Pepper Tilapia Buttered Rice Capri Vegetables Cucumber Tomato Salad Texas Bread Seasonal Fruit Milk Margarine	Fajita Chicken Lettuce & Tomato Black Beans Fiesta Vegetable Blend Flour Tortilla Peaches Milk Taco Sauce Sour Cream	Homemade Meatloaf w/Brown Gravy Whipped Potatoes Green Beans Spinach Salad Wheat Roll Seasonal Fruit Milk Margarine Ranch Salad Dressing
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Salisbury Steak with Onion Gravy Mashed Potatoes Spinach Three Bean Salad Wheat Roll Applesauce Milk Margarine Ranch Salad Dressing	Hawaiian Chicken Haystack Japanese Vegetables Pineapple Tidbits Milk	Beef Spaghetti Sauce Spaghetti Italian Vegetable Blend Mixed Green Salad Garlic Bread Hot Spiced Apples Milk Margarine Ranch Salad Dressing	Shredded Pork with Sweet Thai Chili Sauce Jasmine Rice Brussels Sprouts Mixed Green Salad Wheat Roll Seasonal Fruit Milk Margarine Ranch Salad Dressing
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
BBQ Pork Baked Beans Coleslaw Hamburger Bun Hot Cinnamon Applesauce Milk	Crispy Baked Chicken Au Gratin Potatoes Green Beans Mixed Green Salad Wheat Roll Seasonal Fruit Milk Margarine Ranch Salad Dressing	Beef Lasagna Bake Broccoli Mixed Green Salad Garlic Bread Grapes Milk Margarine Ranch Salad Dressing	<b>Father's Day</b> Roast Beef with Gravy Baked Potato/Sour Cream Cabbage with Carrots Corn Salad Dinner Roll Sugar Cookie Milk Margarine Diet - Vanilla Wafers
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Potato Crusted Fish Tater Tots Green Pea Salad Wheat Roll Pears Milk Tartar Sauce Ketchup	Meatballs w/Cranberry Sauce Brown Rice Cabbage Carrots Wheat Roll Mandarin Oranges Milk Margarine	Bratwurst Sauerkraut German Potato Salad Hot Dog Bun Apple Blueberry Crisp Milk Mustard Diet - Spiced Apples	Parmesan Chicken Penne Pasta Capri Vegetables Spinach Salad Breadstick Seasonal Fruit Milk Margarine Ranch Salad Dressing
<b>29</b>	<b>30</b>	A suggested donation of \$3.00 is requested from seniors 60 and older.  Persons under 60 can enjoy a meal for \$7.00  Milk and Bread served with all meals. A Salad Bar is available every day in the dining room. Follow Us on Facebook @triocommunitymeals.com	
Country Fried Steak with Country Gravy Whipped Potatoes Stewed Tomatoes Coleslaw Texas Bread Mixed Fruit Milk Margarine	Glazed Ham Yams Garden Vegetable Blend Mixed Green Salad Wheat Roll Seasonal Fruit Milk Margarine Ranch Salad Dressing		