

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1	2	3	4
Beef Taco Salad Beef Chili w/Beans Shredded Cheese Brown Spanish Rice Tossed Salad Tortilla Chips Seasonal Fruit Strawberry Fruited Gelatin Milk Sour Cream Diet - Fruited Gelatin	Turkey Stew Red Potatoes Carrots with Celery Beet Salad Biscuit Tropical Fruit Milk Margarine	INDEPENDENCE DAY MEAL Beef Patty Lettuce, Tomato, and Onion Pickle Spear Crinkle Cut Fries Whole Wheat Hamburger Bun Peach Crisp Milk Ketchup Mayonnaise Mustard Diet - Hot Spiced Peaches	Closed for Independence Day
8	9	10	11
Honey Lime Chicken Rice Florentine Fiesta Vegetable Blend Coleslaw Wheat Roll Seasonal Fruit Milk Margarine	Sloppy Joe Tater Tots Broccoli Whole Wheat Hamburger Bun Seasonal Fruit Milk Ketchup	Pizza Casserole Italian Vegetable Blend Spinach Salad Breadstick Grapes Milk Salad Dressing	Pulled BBQ Chicken Baked Beans Chuckwagon Corn Macaroni Salad Whole Wheat Hamburger Bun Seasonal Fruit Milk
15	16	17	18
Potato Crusted Pollock Au Gratin Potatoes California Vegetable Blend Coleslaw Wheat Roll Applesauce Milk Margarine Tartar Sauce	Pork Fried Rice Japanese Vegetable Blend Napa Cabbage Wheat Roll Citrus Fruit Cup Milk Margarine	Sliced Turkey Breast Swiss Cheese Lettuce/Tomato/Onion Green Pea Salad Rye Bread (2) Peaches w/Cottage Cheese Strawberry Shortcake Cookie Milk Mayonnaise Mustard Diet - Vanilla Wafers	Swiss Steak Garlic Whipped Potatoes Glazed Baby Carrots Mixed Green Salad Bread Pudding Seasonal Fruit Milk Margarine Salad Dressing
22	23	24	25
Turkey Noodle Bake Green Beans Mixed Green Salad Wheat Roll Hot Spiced Pears Milk Margarine Salad Dressing	PIONEER DAY MEAL Bratwurst Sauerkraut and Apples Potato Salad Whole Wheat Hot Dog Bun Seasonal Fruit Sugar Cookie Milk Mustard Ketchup Diet - Vanilla Wafers	Closed for Pioneer Day	Glazed Ham Maple Roasted Sweet Potatoes Garden Vegetable Blend Mixed Green Salad Wheat Roll Seasonal Fruit Milk Margarine Salad Dressing
29	30	31	
Meatballs with Spaghetti Sauce Whole Grain Spaghetti Zucchini Mixed Green Salad Garlic Texas Bread Hot Cinnamon Applesauce Milk Margarine Salad Dressing	Hawaiian Chicken Haystack Broccoli Pineapple Tidbits Milk	Potato Crusted Pollock Lettuce, Tomato, and Onion Sweet Potato Fries Coleslaw Whole Wheat Hamburger Bun Peach Crisp Milk Ketchup Diet - Hot Peaches	A suggested donation of \$3.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00 Milk and bread served with all meals. A Salad Bar is available every day in the dining room.