

## Hurricane Senior Center January 2019

Monday	Tuesday	Wednesday	Thursday
435-635-2089 95 N. 300 W.	1 <b>Closed for New Year's Day</b>	2 Hawaiian Chicken Haystack Buttered Rice Broccoli Asian Coleslaw Wheat Roll Pineapple Tidbits Milk Margarine	3 Beef Spaghetti Sauce Spaghetti Noodles Green Beans Mixed Green Salad Garlic Texas Bread Apple Raisin Compote Milk Margarine Ranch Salad Dressing
7 Salisbury Steak Onion Gravy Buttered Rice Stewed Tomatoes Green Peas Wheat Roll Peaches Milk Margarine	8 Roasted Turkey Breast Poultry Gravy Maple Roasted Sweet Potatoes Green Beans Mixed Green Salad Wheat Roll Grapes Milk Margarine Ranch Salad Dressing	9 Pulled BBQ Chicken Baked Beans Potato Salad Hamburger Bun Apple Raisin Compote Milk Diet - Hot Sliced Apples	10 Homemade Meatloaf Brown Gravy Garlic Country Potatoes California Vegetable Blend Carrot Raisin Salad Wheat Roll Seasonal Fruit Milk Margarine
14 Mild Pork Carnitas Cauliflower with Red Peppers Refried Beans Mexican Corn Salad Tortilla Applesauce Milk Taco Sauce	15 Beef Lasagna Italian Vegetable Blend Mixed Green Salad Garlic Texas Bread Pears Milk Margarine Ranch Salad Dressing	16 Sliced Turkey Breast Sliced Swiss Cheese Lettuce and Tomato Minestrone Soup Cucumber Salad Whole Wheat Bread (2 slices) Strawberry Soufflé Gelatin Seasonal Fruit Milk Mustard/Mayonnaise Diet - Fruited Gelatin	17 Crustless Chicken Pot Pie Club Spinach Biscuit Apricot Halves Milk Margarine
21 <b>Closed for Martin Luther King Jr. Day</b>	22 Potato Crusted Pollock Crinkle Cut Fries Key Largo Vegetables Coleslaw Wheat Roll Pineapple Tidbits Milk Margarine Tartar Sauce Ketchup	23 Ground Beef Stroganoff Egg Noodles Brussels Sprouts Capri Vegetable Blend Seasonal Fruit Garlic Texas Bread Chocolate Chip Cookie Milk Margarine Diet - Vanilla Crème Cookies	24 Sweet Chili Coconut Chicken Breast Jasmine Rice Whole Kernel Corn Mixed Green Salad Wheat Roll Tropical Fruit Cocktail Milk Margarine Ranch Salad Dressing
28 Hawaiian Chicken Haystack Buttered Rice Sugar Snap Peas Pineapple Tidbits Milk	<u><b>National Corn Chip Day</b></u> 29 Beef Chili with Beans Baked Potato Mixed Green Salad Corn Chips Seasonal Fruit Milk Ranch Salad Dressing	30 Glazed Ham Sweet Potato Hash Green Beans Sliced Beets Cornbread Fluffy Fruit Salad Milk Margarine	31 Country Fried Steak Country Gravy Country Potatoes Mixed Vegetables Mixed Green Salad Wheat Roll Seasonal Fruit Milk Margarine Ranch Salad Dressing

***A suggested donation of \$3.00 is requested from seniors 60 and older.***

***Persons under 60 can enjoy a meal for \$7.00.***

**Milk and bread served with all meals.**

**Salad bar available every day in dining room.**