

HURRICANE SENIOR CENTER

JANUARY 2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>A suggested donation of \$3.00 is requested from seniors 60 and older.</p> <p>Persons under 60 can enjoy a meal for \$7.00</p> <p>Milk and bread served with all meals. A Salad Bar is available every day in the dining room.</p>		<p>Closed for New Years Day</p>	<p>1</p> <p>2</p> <p>Pulled BBQ Chicken Baked Beans Coleslaw Whole Wheat Hamburger Bun Apple Raisin Compote Milk Diet - Hot Sliced Apples</p>
6	7	8	9
<p>Pork Carnitas California Vegetables Refried Beans Mexican Corn Salad Flour Tortilla Applesauce Milk Taco Sauce</p>	<p>Beef Lasagna Italian Vegetable Blend Mixed Green Salad Garlic Texas Bread Pears Milk Margarine Ranch Salad Dressing</p>	<p>Sliced Turkey Pastrami Sliced Swiss Cheese Lettuce and Tomato Minestrone Soup Cucumber Salad Whole Wheat Hamburger Bun Seasonal Fruit Milk Mustard Mayonnaise</p>	<p>Crustless Chicken Pot Pie Club Spinach Biscuit Mandarin Oranges Milk Margarine</p>
13	14	15	16
<p>Beef Spaghetti Sauce Spaghetti Noodles Zucchini Tossed Green Salad Garlic Texas Bread Seasonal Fruit Milk Margarine Ranch Salad Dressing</p>	<p>Potato Crusted Pollock Crinkle Cut Fries Key Largo Vegetables Coleslaw Wheat Roll Pineapple Tidbits Milk Margarine Tartar Sauce Ketchup</p>	<p>Ground Beef Stroganoff over Egg Noodles Brussels Sprouts Parslied Carrots Cornbread Seasonal Fruit Chocolate Chip Cookie Milk Margarine Diet - Vanilla Crème Cookies</p>	<p>Sweet Chili Coconut Chicken Breast Jasmine Rice Whole Kernel Corn Mixed Green Salad Wheat Roll Tropical Fruit Cocktail Milk Margarine Ranch Salad Dressing</p>
20	21	22	23
<p style="text-align: center;">Closed for Martin Luther King Jr. Day</p>	<p>Beef Taco Soup Baked Potato Mixed Green Salad Tortilla Chips Mango Milk Sour Cream/Margarine Ranch Salad Dressing</p>	<p>Glazed Ham Sweet Potato Hash Cabbage Sliced Beets Cornbread Fluffy Fruit Salad Milk Margarine</p>	<p>Beef Shepherd's Pie Mixed Green Salad Dinner Roll Hot Spiced Fruit Milk Margarine Ranch Salad Dressing</p>
27	28	29	30
<p>Beef Patty Lettuce/Tomato/Onion/Pickle Tater Tots Hamburger Bun Apple Cherry Compote Milk Ketchup Mustard Diet - Hot Sliced Apples</p>	<p>Chicken Parmesan Penne Pasta Garden Vegetables Cucumber Salad Texas Bread Seasonal Fruit Milk Margarine</p>	<p style="text-align: center;">National Corn Chip Day</p> <p>Beef Chili with Beans Baked Potato Mixed Green Salad Corn Chips Seasonal Fruit Banana Pudding Milk Ranch Salad Dressing Sour Cream</p>	<p>Baked Tilapia with Lemon Dill Sauce Brown Rice Broccoli and Cauliflower Mixed Green Salad Wheat Roll Brownie Seasonal Fruit Milk Margarine Ranch Salad Dressing Diet - Vanilla Crème Cookies</p>