

Hurricane Senior Center

January 2018

Monday	Tuesday	Wednesday	Thursday
1 Closed for Holiday	2 Pulled BBQ Chicken Sandwich Baked Beans Potato Salad Apple Raisin Compote Diet - Hot Sliced Apples	3 Roasted Turkey Breast Poultry Gravy Maple Roasted Sweet Potatoes Green Beans Mixed Green Salad Season Fruit	4 Homemade Meatloaf Brown Gravy Whipped Potatoes California Vegetable Blend Carrot Raisin Salad Seasonal Fruit
8 Mild Pork Carnitas Spanish Rice Mixed Beans Mixed Green Salad Tortilla Applesauce	9 Ground Beef Stroganoff Egg Noodles Mixed Vegetables Mixed Green Salad Garlic Texas Bread Pears	10 Turkey Ham Potato Soup Sliced Carrots Cornbread Strawberry Soufflé Gelatin Seasonal Fruit Diet - Fruited Gelatin	11 Crustless Chicken Pot Pie Coleslaw Biscuit Seasonal Fruit
15 Closed for Holiday	16 Potato Crusted Pollock Macaroni and Cheese Brussels Sprouts Coleslaw Pineapple Tidbits	17 Cheeseburger Pie Glazed Carrots Creamed Green Peas Seasonal Fruit Cookie Diet - Crème Cookies	18 Cranberry Orange Chicken Breast Roasted Potatoes Capri Vegetable Blend Mixed Green Salad Tropical Fruit
22 Sweet and Sour Chicken Fried Rice Sugar Snap Peas Mandarin Oranges	23 Beef Chili w/Beans Baked Potato w/Sour Cream Corn O'Brien Mixed Green Salad French Silk Pudding Seasonal Fruit	24 Glazed Ham Sweet Potato Hash Green Beans Sliced Beets Cornbread Applesauce	25 Country Fried Steak Whipped Potatoes Country Gravy Mixed Vegetables Mixed Green Salad Seasonal Fruit
29 Hamburger on Bun Lettuce/Tomato/Onion/Pickle Tater Tots Seasonal Fruit	30 Pork Loin Apricot Mustard Sauce Wild Rice Peas and Carrots Corn Salad Brownie Diet - Crème Cookies	31 Three Cheese Chicken Penne Spinach Cucumber Salad Texas Bread Hot Cinnamon Applesauce	<p>A suggested donation of \$3.00 is requested from seniors 60 and older.</p> <hr/> <p>Persons under 60 can enjoy a meal for \$7.00.</p> <hr/> <p>Milk and bread served with all meals. Salad bar available every day in dining room.</p>

<p><i>Hurricane Senior Center</i> 435-635-2089</p> <p>.....</p> <p>Lunch is Served 11:30 a.m. to 12:30 p.m.</p> <p>.....</p> <p>Thrift Store is Open Monday - Thursday 11:30 a.m. to 2:30 p.m.</p>
<p><i>Happy Birthday!</i></p> <p>Is your Birthday in January? Clip this coupon and bring to Hurricane Senior Center and receive 1 free lunch.</p>
<p><i>Welcome!</i></p> <p>Is this your first time here? Please use this as a "lunch is on us" ticket.</p>