

Hurricane Senior Center
February 2019
435-635-2089

Monday	Tuesday	Wednesday	Thursday
4	5	6	7
Beef Patty Lettuce/Tomato/Onion/Pickle Tater Tots Hamburger Bun Apple Cherry Compote Milk Ketchup Mustard Diet - Hot Sliced Apples	Cuban Shredded Pork Brown Rice Broccoli and Cauliflower Mixed Green Salad Wheat Roll Brownie Seasonal Fruit Milk Margarine Ranch Salad Dressing Diet - Vanilla Crème Cookies	Chicken Parmesan Penne Pasta Spinach Cucumber Salad Texas Bread Seasonal Fruit Milk Margarine	Beef Shepard's Pie Mixed Green Salad Cornbread Hot Spiced Fruit Milk Margarine Ranch Salad Dressing
11	12	13	14
Salisbury Steak Onion Gravy Buttered Rice Stewed Tomatoes Green Peas Wheat Roll Peaches Milk Margarine	Roasted Turkey Breast Poultry Gravy Maple Roasted Sweet Potatoes Green Beans Mixed Green Salad Wheat Roll Grapes Milk Margarine Ranch Salad Dressing	Pulled BBQ Chicken Baked Beans Potato Salad Hamburger Bun Apple Raisin Compote Milk Diet - Hot Sliced Apples	<u>Valentine's Day Meal</u> Roast Beef with Gravy Garlic Country Potatoes Mixed Vegetables Mixed Green Salad Wheat Roll Seasonal Fruit Cookie Milk Margarine Salad Dressing Diet - Vanilla Crème Cookies
18	19	20	21
Closed for President's Day	Beef Lasagna Italian Vegetable Blend Mixed Green Salad Garlic Texas Bread Pears Milk Margarine Ranch Salad Dressing	Sliced Turkey Breast Sliced Swiss Cheese Lettuce and Tomato Minestrone Soup Cucumber Salad Whole Wheat Bread (2 slices) Strawberry Soufflé Gelatin Seasonal Fruit Milk Mustard/Mayonnaise Diet - Fruited Gelatin	Crustless Chicken Pot Pie Club Spinach Biscuit Apricot Halves Milk Margarine
25	26	27	28
Beef Spaghetti Sauce Spaghetti Noodles Zucchini Mixed Green Salad Breadstick Fresh Apple Slices Milk Margarine Ranch Salad Dressing	Potato Crusted Pollock Crinkle Cut Fries Key Largo Vegetables Coleslaw Wheat Roll Pineapple Tidbits Milk Margarine Tartar Sauce Ketchup	Ground Beef Stroganoff Egg Noodles Brussels Sprouts Capri Vegetable Blend Seasonal Fruit Garlic Texas Bread Chocolate Chip Cookie Milk Margarine Diet - Vanilla Crème Cookies	Sweet Chili Coconut Chicken Breast Jasmine Rice Whole Kernel Corn Mixed Green Salad Wheat Roll Tropical Fruit Cocktail Milk Margarine Ranch Salad Dressing

A suggested donation of \$3.00 is requested from seniors 60 and older.

Persons under 60 can enjoy a meal for \$7.00.

Milk and bread served with all meals.

Salad bar available every day in dining room.