

HURRICANE SENIOR CENTER

FEBRUARY 2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3	4	5	6
Salisbury Steak with Onion Gravy Buttered Rice Stewed Tomatoes Green Peas Wheat Roll Peaches Milk Margarine	Roasted Turkey Breast Turkey Gravy Maple Roasted Sweet Potatoes Green Beans Mixed Green Salad Wheat Roll Grapes Milk Margarine Ranch Salad Dressing	Homemade Meatloaf Brown Gravy Country Potatoes Capri Vegetable Blend Carrot Raisin Salad Wheat Roll Seasonal Fruit Milk Margarine	Pulled BBQ Chicken Baked Beans Coleslaw Whole Wheat Hamburger Bun Apple Raisin Compote Milk Diet - Hot Sliced Apples
10	11	12	13
Pork Carnitas California Vegetables Refried Beans Mexican Corn Salad Flour Tortilla Applesauce Milk Taco Sauce	Beef Lasagna Italian Vegetable Blend Mixed Green Salad Garlic Texas Bread Pears Milk Margarine Ranch Salad Dressing	Sliced Turkey Pastrami Sliced Swiss Cheese Lettuce and Tomato Minestrone Soup Cucumber Salad Whole Wheat Hamburger Bun Seasonal Fruit Milk Mustard Mayonnaise	Valentine's Day Roast Beef with Gravy Whipped Potatoes Sliced Carrots Mixed Green Salad Dinner Roll Cranapple Crisp Milk Margarine Ranch Salad Dressing Diet - Hot Sliced Apples
17	18	19	20
Closed for Presidents' Day	Potato Crusted Pollock Crinkle Cut Fries Key Largo Vegetables Coleslaw Wheat Roll Pineapple Tidbits Milk Margarine Tartar Sauce Ketchup	Ground Beef Stroganoff over Egg Noodles Brussels Sprouts Parslied Carrots Cornbread Seasonal Fruit Chocolate Chip Cookie Milk Margarine Diet - Vanilla Crème Cookies	Sweet Chili Coconut Chicken Breast Jasmine Rice Whole Kernel Corn Mixed Green Salad Wheat Roll Tropical Fruit Cocktail Milk Margarine Ranch Salad Dressing
24	25	26	27
Hawaiian Chicken Haystack Buttered Rice Oriental Vegetables Pineapple Tidbits Milk	Beef Taco Soup Baked Potato Mixed Green Salad Tortilla Chips Mango Milk Sour Cream/Margarine Ranch Salad Dressing	Glazed Ham Sweet Potato Hash Cabbage Sliced Beets Cornbread Fluffy Fruit Salad Milk Margarine	Beef Shepherd's Pie Mixed Green Salad Dinner Roll Hot Spiced Fruit Milk Margarine Ranch Salad Dressing

A suggested donation of \$3.00 is requested from seniors 60 and older.

Persons under 60 can enjoy a meal for \$7.00.
Lunch is served 11:30 am to 12:30 pm

Milk and bread served with all meals.
A Salad Bar is available every day in the dining room.