

# Hurricane Senior Center

## February 2018

Monday	Tuesday	Wednesday	Thursday
<p>A suggested donation of \$3.00 is requested from seniors 60 and older.</p> <p>Persons under 60 can enjoy a meal for \$7.00.</p> <p>Milk and bread served with all meals. Salad bar available every day in dining room.</p>			<p>Turkey Shepherd's Pie <sup>1</sup> Mixed Green Salad Cornbread Hot Spiced Fruit</p>
<p><sup>5</sup> <b>Beef Cabbage Casserole</b> Buttered Rice Stewed Tomatoes Rye Bread Peach Crisp</p>	<p><sup>6</sup> <b>Roasted Turkey Breast</b> <b>Poultry Gravy</b> Maple Roasted Sweet Potatoes Green Beans Mixed Green Salad Seasonal Fruit</p>	<p><sup>7</sup> <b>Pulled BBQ Chicken</b> <b>Sandwich</b> Baked Beans Potato Salad Apple Raisin Compote Diet - Hot Sliced Apples</p>	<p><sup>8</sup> <b>Homemade Meatloaf</b> Brown Gravy Whipped Potatoes California Vegetable Blend Carrot Raisin Salad Seasonal Fruit</p>
<p><sup>12</sup> <b>Mild Pork Carnitas</b> Spanish Rice Mixed Beans Mixed Green Salad Tortilla Applesauce</p>	<p><sup>13</sup> <b>Ground Beef Stroganoff</b> Egg Noodles Mixed Vegetables Mixed Green Salad Garlic Texas Bread Pears</p>	<p><i>Valentine's Day</i> <sup>14</sup> <b>Roast Beef w/Gravy</b> Whipped Potatoes Mixed Vegetables Mixed Green Salad Seasonal Fruit Strawberry Shortcake Cookie Diet - Crème Cookies</p>	<p><sup>15</sup> <b>Crustless Chicken Pot Pie</b> Coleslaw Biscuit Seasonal Fruit</p>
<p><sup>19</sup> <i>Closed for Holiday</i></p>	<p><sup>20</sup> <b>Potato Crusted Pollock</b> Macaroni and Cheese Brussels Sprouts Coleslaw Pineapple Tidbits</p>	<p><sup>21</sup> <b>Cheeseburger Pie</b> Glazed Carrots Creamed Green Peas Seasonal Fruit Cookie Diet - Crème Cookies</p>	<p><sup>22</sup> <b>Cranberry Orange</b> <b>Chicken Breast</b> Roasted Potatoes Capri Vegetable Blend Mixed Green Salad Tropical Fruit</p>
<p><sup>26</sup> <b>Sweet and Sour Chicken</b> Fried Rice Sugar Snap Peas Mandarin Oranges</p>	<p><sup>27</sup> <b>Beef Chili w/Beans</b> Baked Potato w/Sour Cream Corn O'Brien Mixed Green Salad French Silk Pudding Seasonal Fruit</p>	<p><sup>28</sup> <b>Glazed Ham</b> Sweet Potato Hash Green Beans Sliced Beets Cornbread Applesauce</p>	<p><i>Happy Valentine's Day</i></p>

<p><i>Hurricane Senior Center</i> 435-635-2089</p> <p>..... Lunch is Served 11:30 a.m. to 12:30 p.m. ..... Thrift Store is Open Monday - Thursday 11:30 a.m. to 2:30 p.m.</p>
<p><i>Happy Birthday!</i></p> <p>Is your Birthday in February? Clip this coupon and bring to Hurricane Senior Center and receive 1 free lunch.</p>
<p><i>Welcome!</i></p> <p>Is this your first time here? Please use this as a "lunch is on us" ticket.</p>