

# Hurricane Senior Center

## August 2018

Monday	Tuesday	Wednesday	Thursday
<p><i>A suggested donation of \$3.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00.</i></p> <p>Milk and bread served with all meals.</p> <p>Salad bar available every day in dining room.</p>		<p><b>1</b></p> <p>Gyro (Beef &amp; Lamb Sliced Meat) Lettuce, Tomato, &amp; Onion Tzatziki Sauce Cucumber Salad Pita Bread Peach Crisp Diet - Hot Peaches</p>	<p><b>2</b></p> <p>Glazed Ham Maple Roasted Sweet Potatoes Garden Vegetable Blend Mixed Green Salad Seasonal Fruit</p>
<p><b>6</b></p> <p>Sloppy Joe on Bun Tater Tots Whole Kernel Corn Seasonal Fruit Pineapple Lime Whip Diet - Vanilla Pudding</p>	<p><b>7</b></p> <p>Turkey Stew Red Potatoes Carrots with Celery Beet Salad Biscuit Tropical Fruit</p>	<p><b>8</b></p> <p>Herb Roasted Pork Loin Brown Rice Cheesy Cauliflower Cucumber Salad Apricot Halves</p>	<p><b>9</b></p> <p>Homemade Meatloaf Brown Gravy Whipped Potatoes Creamed Peas Mixed Green Salad Seasonal Fruit</p>
<p><b>13</b></p> <p><u><b>Chicken &amp; Waffles w/Syrup</b></u> Chicken Tenders Waffle Pancake Syrup Mixed Vegetables Mixed Green Salad Seasonal Fruit</p>	<p><b>14</b></p> <p><u><b>Beef Taco Salad</b></u> Beef Chili w/Beans Brown Spanish Rice Lettuce, Tomato, &amp; Onion Tortilla Chips Seasonal Fruit Strawberry Fruited Gelatin Diet - Fruited Gelatin</p>	<p><b>15</b></p> <p>Bratwurst Hoagie Marinara Sauce with Peppers and Onions Coleslaw Seasonal Fruit</p>	<p><b>16</b></p> <p>Turkey Noodle Bake Green Beans Mixed Green Salad Hot Spiced Pears</p>
<p><b>20</b></p> <p>Potato Crusted Pollock Au Gratin Potatoes California Vegetable Blend Coleslaw Applesauce</p>	<p><b>21</b></p> <p>Pork Fried Rice Japanese Vegetable Blend Napa Cabbage Citrus Fruit Cup</p>	<p><b>22</b></p> <p>Sliced Turkey &amp; Swiss on Rye Bread Lettuce/Tomato/Onion Green Pea Salad Peaches w/Cottage Cheese Strawberry Shortcake Cookie Diet - Vanilla Wafers</p>	<p><b>23</b></p> <p>Swiss Steak Garlic Whipped Potatoes Glazed Baby Carrots Mixed Green Salad Seasonal Fruit</p>
<p><b>27</b></p> <p>Pulled BBQ Chicken on Bun Potato Wedges Chuckwagon Corn Macaroni Salad Seasonal Fruit</p>	<p><b>28</b></p> <p>Beef Pot Roast w/Gravy Scalloped Potatoes Brussels Sprouts Mixed Green Salad Pears</p>	<p><b>29</b></p> <p>Asian Noodle Chicken Salad w/Sugar Snap Peas, Cabbage &amp; Carrots Wonton Strips Seasonal Fruit Mandarin Orange Whip Diet - Fruited Gelatin</p>	<p><b>30</b></p> <p><u><b>Labor Day Holiday Meal</b></u> Chili Cheese Hot Dog Baked Beans Coleslaw Apple Blueberry Crisp Diet - Apple Slices</p>