

# HURRICANE SENIOR CENTER

95 N. 300 W.

435-635-2089

AUGUST 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>A suggested donation of \$3.00 is requested from seniors 60 and older.</p> <p>Persons under 60 can enjoy a meal for \$7.00</p> <p>Milk and bread served with all meals. A Salad Bar is available every day in the dining room.</p>			<b>1</b>
<p><b>Beef Taco Salad</b> Beef Chili w/Beans Shredded Cheese Brown Spanish Rice Tossed Salad Tortilla Chips Seasonal Fruit Strawberry Fruited Gelatin Milk Sour Cream Diet - Fruited Gelatin</p>	<p>Turkey Stew Red Potatoes Carrots with Celery Beet Salad Biscuit Tropical Fruit Milk Margarine</p>	<p>Chicken Salad Lettuce and Tomato Five Bean Salad Wheat Bread (2 slices) Cantaloupe Pineapple Lime Whip Milk</p>	<p>Homemade Meatloaf Brown Gravy Garlic Whipped Potatoes Creamed Peas Mixed Green Salad Wheat Roll Seasonal Fruit Milk Margarine   Salad Dressing Salad Dressing</p>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<p>Honey Lime Chicken Rice Florentine Fiesta Vegetable Blend Coleslaw Wheat Roll Seasonal Fruit Milk Margarine</p>	<p>Sloppy Joe Tater Tots Broccoli Whole Wheat Hamburger Bun Seasonal Fruit Milk Ketchup</p>	<p>Cheesy Pizza Bake Italian Vegetable Blend Spinach Salad Breadstick Grapes Milk Salad Dressing</p>	<p>Pulled BBQ Chicken Baked Beans Chuckwagon Corn Macaroni Salad Whole Wheat Hamburger Bun Seasonal Fruit Milk</p>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<p>Potato Crusted Pollock Au Gratin Potatoes California Vegetable Blend Coleslaw Wheat Roll Applesauce Milk Margarine   Tartar Sauce</p>	<p>Pork Fried Rice Japanese Vegetable Blend Napa Cabbage Wheat Roll Citrus Fruit Cup Milk Margarine</p>	<p>Sliced Turkey Breast Swiss Cheese Lettuce/Tomato/Onion Green Pea Salad Rye Bread (2) Peaches w/Cottage Cheese Strawberry Shortcake Cookie Milk Mayonnaise   Mustard Diet - Vanilla Wafers</p>	<p>Swiss Steak Garlic Whipped Potatoes Glazed Baby Carrots Mixed Green Salad Bread Pudding Seasonal Fruit Milk Margarine   Salad Dressing</p>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<p>Turkey Noodle Bake Green Beans Mixed Green Salad Wheat Roll Hot Spiced Pears Milk Margarine   Salad Dressing</p>	<p>Beef Pot Roast w/Brown Gravy Scalloped Potatoes Brussels Sprouts Mixed Green Salad Wheat Roll Pears Milk Margarine   Salad Dressing</p>	<p>Asian Noodle Chicken Salad Wonton Strips Tropical Fruit Vanilla Pudding Milk Diet - Vanilla Wafers</p>	<b>29</b>
<b>26</b>	<b>27</b>	<b>28</b>	
			<b>LABOR DAY MEAL</b>
			<p>Beef Frank Chili w/o Beans Shredded Cheese Tater Tots Coleslaw Whole Wheat Hot Dog Bun Apple Blueberry Crisp Milk Mustard   Ketchup Diet - Hot Apple Slices</p>

