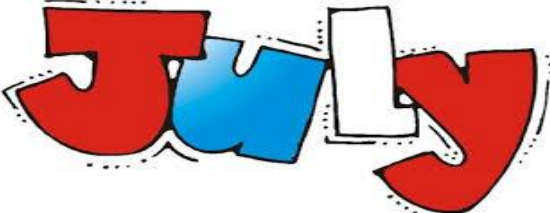


Hurricane Senior Center

July 2017

Monday	Tuesday	Wednesday	Thursday
3	4	5	6
<p><u>Independence Day</u> Beef Chili Dog on Bun Baked Beans Coleslaw Apple Blueberry Crisp Diet - Apple Slices</p>	<p><i>Closed for Holiday</i></p>	<p>Herb Roasted Pork Loin Roasted Red Potatoes Parslied Carrots Cucumber Salad Mandarin Oranges</p>	<p>Homemade Meatloaf Brown Gravy Whipped Potatoes Creamed Peas Mixed Green Salad Tropical Fruit</p>
10	11	12	13
<p>Turkey Noodle Bake Green Beans Mixed Green Salad Hot Spiced Pears</p>	<p>Italian Sausage Sandwich Marinara sauce w/peppers & onions Potato Wedges Coleslaw Seasonal Fruit</p>	<p>Beef Taco Salad Shredded Cheese Mexican Rice Tortilla Chips Seasonal Fruit Strawberry Fruited Gelatin Diet - Fruited Gelatin</p>	<p>Crispy Baked Chicken Scalloped Potatoes Glazed Carrots Three Bean Salad Seasonal Fruit</p>
17	18	19	20
<p>Salisbury Steak w/Onion Gravy Garlic Whipped Potatoes Zucchini w/Tomatoes Mixed Green Salad Seasonal Fruit</p>	<p>Chicken Fried Rice Japanese Vegetable Blend Seasoned Cabbage Citrus Fruit Cup</p>	<p>Ham & Cheese Sandwich Lettuce/Tomato/Onion Broccoli Slaw Peaches & Cottage Cheese Strawberry Shortcake Cookie Diet - Vanilla Wafers</p>	<p><u>Pioneer Day</u> Polish Sausage on Bun Sauerkraut and Apples Baked Beans Potato Salad Heavenly Coconut Pudding Diet - Chocolate Pudding</p>
24	25	26	27
<p style="text-align: center;"><i>Closed for Holiday</i></p>	<p>Beef Pot Roast w/Brown Gravy Roasted Potatoes Carrots with Celery Mixed Green Salad Pineapple Lime Whip Diet - Chocolate Pudding</p>	<p>Potato Crusted Pollock Macaroni and Cheese California Vegetable Blend Coleslaw Applesauce</p>	<p>Country Fried Steak Country Gravy Whipped Potatoes Peas and Carrots Mixed Green Salad Seasonal Fruit</p>
31			<p><i>A suggested donation of \$3.00 is requested from seniors 60 and older.</i></p> <hr style="border-top: 1px dashed black;"/> <p><i>Persons under 60 can enjoy a meal for \$7.00. Milk and bread served with all meals</i></p> <hr style="border-top: 1px dashed black;"/> <p><i>Milk and bread served with all meals. Salad bar available every day in dining room.</i></p>