


Hurricane Senior Center

September 2017

Monday	Tuesday	Wednesday	Thursday
<p><i>A suggested donation of \$3.00 is requested from seniors 60 and older.</i></p> <hr style="border-top: 1px dashed black;"/> <p><i>Persons under 60 can enjoy a meal for \$7.00. Milk and bread served with all meals</i></p> <hr style="border-top: 1px dashed black;"/> <p><i>Milk and bread served with all meals. Salad bar available every day in dining room.</i></p>			
<p>4</p> <p><i>Closed for Holiday</i></p>	<p style="text-align: right;">5</p> <p>Meatballs w/Spaghetti Sauce Whole Grain Spaghetti Zucchini Mixed Green Salad Apple Crisp Diet - Apple Slices</p>	<p style="text-align: right;">6</p> <p>Glazed Ham Maple Roasted Sweet Potatoes Green Beans Mixed Green Salad Seasonal Fruit</p>	<p style="text-align: right;">7</p> <p>Open Faced Hot Roast Beef Sandwich Twice Whipped Potatoes Mixed Vegetables Carrot Pineapple Salad Seasonal Fruit Brownie Diet - Chocolate Pudding</p>
<p style="text-align: right;">11</p> <p>Sloppy Joe on Bun Tater Tots Whole Kernel Corn Coleslaw Frog Eye Fruit Salad Diet - Vanilla Wafers</p>	<p style="text-align: right;">12</p> <p>Fajita Chicken Brown Spanish Rice Fajita Vegetable Blend Black Bean Corn Salad Flour Tortilla Seasonal Fruit</p>	<p style="text-align: right;">13</p> <p>Herb Roasted Pork Loin Roasted Red Potatoes Parslied Carrots Cucumber Salad Mandarin Oranges</p>	<p style="text-align: right;">14</p> <p>Homemade Meatloaf Brown Gravy Whipped Potatoes Creamed Peas Mixed Green Salad Tropical Fruit</p>
<p style="text-align: right;">18</p> <p>Turkey Noodle Bake Green Beans Mixed Green Salad Hot Spiced Pears</p>	<p style="text-align: right;">19</p> <p>Italian Sausage Sandwich Marinara sauce w/peppers & onions Potato Wedges Coleslaw Seasonal Fruit</p>	<p style="text-align: right;">20</p> <p>Beef Taco Salad Shredded Cheese Mexican Rice Tortilla Chips Seasonal Fruit Strawberry Fruited Gelatin Diet - Fruited Gelatin</p>	<p style="text-align: right;">21</p> <p>Crispy Baked Chicken Scalloped Potatoes Glazed Carrots Three Bean Salad Seasonal Fruit</p>
<p style="text-align: right;">25</p> <p>Salisbury Steak w/Onion Gravy Garlic Whipped Potatoes Zucchini w/Tomatoes Mixed Green Salad Seasonal Fruit</p>	<p style="text-align: right;">26</p> <p>Chicken Fried Rice Japanese Vegetable Blend Seasoned Cabbage Citrus Fruit Cup</p>	<p style="text-align: right;">27</p> <p>Ham & Cheese Sandwich Lettuce/Tomato/Onion Broccoli Slaw Peaches & Cottage Cheese Strawberry Shortcake Cookie Diet - Vanilla Wafers</p>	<p style="text-align: right;">28</p> <p>Roasted Turkey Breast w/Gravy Baked Potato w/Sour Cream Capri Vegetable Blend Carrot Raisin Salad Applesauce</p>

Hurricane Senior Center
435-635-2089

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Lunch is Served 11:30 a.m. to 12:30 p.m.

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Thrift Store is Open Monday - Thursday
11:30 a.m. to 2:30 p.m.

Happy Birthday!

Is your Birthday in
September?

Clip this coupon and bring
to Hurricane Senior Center
and receive 1 free lunch.

Welcome!

Is this your first time here?
Please use this as a
"lunch is on us" ticket.