

Hurricane Senior Center

May 2017 Newsletter



Calendar of Events

May 3 – Advisory Board Meeting

May 25 – Deaf & Hard of Hearing presentation @
lunch

May 25 – Birthday/Anniversary Celebration

May 29 – Closed for Memorial Day

THRIFT STORE

OPEN MON – THURS

11:30 AM – 2:30 PM

DONATIONS ACCEPTED!

Hurricane Senior Center
95 N 300 W
Hurricane, UT 84737
435-635-2089



Hours of Operation

Monday – Thursday
9:00AM – 4:00PM

Lunch served daily –
11:30AM - 12:30PM \$3

Dial-A-Ride Program

We offer an in town Dial-A-Ride service for grocery shopping or medical needs. Bus hours are 10:30 AM – 2:30 PM Monday – Thursday.

Our Dial-A-Ride service to St. George is available Wednesday afternoon for your shopping or medical needs.

Age 60+ suggested donation:
\$5 round trip/\$3 one way

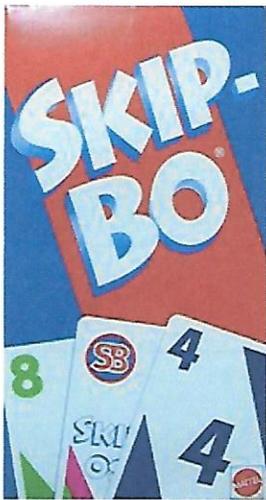
Call 435-635-2089 to schedule.





Volunteer Needed

to lead a *Senior Exercise Class*. Instructional material will be provided. See the front desk if interested!



New Card Group
Tuesday &
Thursday
10AM
Come Play!



The Hurricane Senior Center and Washington County Council on Aging receive Federal and State funds to help support our programs, both the activities and nutrition programs – including Meals on Wheels. However, this funding only supports a portion of the services. Your contributions to the cost of this service are very important to maintaining it. We appreciate any support you are able to offer and encourage you to be as generous as possible with your voluntary donations.

Monthly Events

Dixie-Can-Do's Entertain -1st & 3rd Monday

Jeanie Taylor to Entertain – 1st Wednesday

Living Wills and Trust Information available - 2nd & 4th Monday @ 11:30am

Encompass Home & Healthcare – Blood Pressure & Sugar checks – 1st & 3rd Wednesday @ 11:00am-12:00pm

Hurricane Family Pharmacy – Presentation 3rd Wednesday @ 12:00pm

Zions Way – Hand and Neck Massages – 2nd Thursday @ 11:00am – 12:00pm

Integrated Senior Care – Presentation last Monday of month @ 12:00pm

Crochet Class – 2nd & 4th Thurs @ 1:00pm \$1

Beginning Knitting – 2nd & 4th Thurs @ 1:00pm \$1

Craft Class – every Wed @ 12:30pm \$1

Bingo – every Thursday @ 12:30pm

Bridge Group – every Monday @ 12:30 \$.50

Pinochle Group – Tuesdays @ 12:30pm \$.50

Skip Bo Card Group – Tues & Thurs 10am \$.50

Paint Club – Tuesdays @ 1:00pm \$2

Billiards – Open daily 9am – 3:30pm

Happy Birthday/Anniversary Celebration – last Thursday of every month!

COME JOIN US!

May Activities



1-May Dixie Can Do's to perform @ Lunch Bridge 12:30-3:30	2-May Cards 1:00 Painting Club 1:00	3-May Jeannie Taylor to perform Craft Class 1:00-3:00	4-May Billiards 9:30-11:00 Bingo after Lunch
8-May Living Wills & Trusts 11:30 Integrated Senior Care @ Lunch Bridge 12:30-3:30	9-May Skip Bo 10:00 Cards 1:00 Painting Club 1:00	10-May Craft Class 1:00-3:00	11-May Skip Bo 10:00 Zions Way Hand/Neck Massage 11:00-12:00 Bingo after Lunch Knitting/Crochet 1:00-3:00
15-May Dixie Can Do's to perform @ Lunch Bridge 12:30-3:30	16-May Skip Bo 10:00 Cards 1:00 Painting Club 1:00	17-May Blood Pressure/Sugar 11:00-12:00 Pharmacist @ Lunch Craft Class 1:00-3:00	18-May Billiards 9:30-11:00 Skip Bo 10:00 Bingo after Lunch
22-May Living Wills & Trusts 11:30 Bridge 12:30-3:30	23-May Skip Bo 10:00 Cards 1:00 Painting Club 1:00	24-May Craft Class 1:00-3:00	25-May Billiards 9:30-11:00 Skip Bo 10:00 Deaf & Hard of Hearing Presentation @ Lunch Bingo after Lunch Happy B-day/Anniversary Cake & Ice Cream Knitting/Crochet 1:00-3:00
29-May Closed for Holiday	30-May Skip Bo 10:00 Cards 1:00 Painting Club 1:00	31-May Craft Class 1:00-3:00	

Hurricane Senior Center May 2017

Monday	Tuesday	Wednesday	Thursday
1 Chicken Alfredo Penne Noodles Peas and Carrots Mixed Green Salad Applesauce	2 Hot Turkey Sandwich Whipped Potatoes Green Beans Coleslaw Seasonal Fruit	3 Glazed Ham Scalloped Potatoes Brussels Sprouts Mixed Green Salad Peaches Brownie Diet - Vanilla Wafers	4 Homemade Meatloaf w/Gravy Whipped Potatoes Chuckwagon Corn Mixed Green Salad Seasonal Fruit
8 Crustless Chicken Pot Pie Whole Kernel Corn Mixed Green Salad Apple Blueberry Crips Diet - Hot Apple Slices	9 Mild Pork Carnitas Brown Spanish Rice Black Beans Mixed Green Salad Pineapple Tidbits	10 Spaghetti & Meatballs Noodles Italian Vegetable Blend Mixed Green Salad Pears	11 Mother's Day Meal Cranberry Dijon Chicken Au Gratin Potatoes Brussel Sprouts Mixed Green Salad Peaches French Silk Pudding Diet - Chocolate Pudding
15 BBQ Pork Sandwich Tater Tots Baked Beans Coleslaw Seasonal Fruit	16 Sweet and Sour Chicken Fried Rice Napa Cabbage Mixed Green Salad Mandarin Oranges	17 Beef Lasagna Bake Capri Vegetable Blend Mixed Green Salad Strawberry Fruited Gelatin Diet - Fruited Gelatin	18 Roasted Turkey Breast w/Gravy Whipped Potatoes Spinach Mixed Green Salad Seasonal Fruit
22 Country Fried Steak w/Gravy Whipped Potatoes Stewed Tomatoes Coleslaw Seasonal Fruit	23 Swedish Meatballs Egg Noodles Green Peas Mixed Green Salad Tropical Fruit	24 Pork Roast w/Mushroom Gravy Baked Potato w/Sour Cream Glazed Carrots Mixed Green Salad Seasonal Fruit	25 Memorial Day Meal Beef Frank Chili Dog Baked Beans Coleslaw Apple Crisp Diet - Hot Spiced Apples
29 Closed for Holiday 	30 Potato Crusted Fish Macaroni and Cheese Capri Vegetables Coleslaw Pineapple Tidbits	31 Salisbury Steak w/Onion Gravy Whipped Potatoes Mixed Vegetables Mixed Green Salad Applesauce	<i>A suggested donation of \$3.00 is requested from seniors 60 and older. Persons under 60 can Enjoy a meal for \$7.00.</i> <small>Milk and Bread served with all meals.</small>

Hurricane Senior Center
435-635-2089
Lunch is Served 11:30 a.m. to 12:30 p.m.
Thrift Store is Open Monday - Thursday
11:30 a.m. to 2:30 p.m.

Happy Birthday!
Is your Birthday in May?
Clip this coupon and bring to Hurricane Senior Center and receive 1 free lunch.

Welcome!
Is this your first time here?
Please use this as a "lunch is on us" ticket.

Meal donations help to off-set the cost of meals. On average, the actual cost of a meal is between \$7-\$11. Your meal donations are vital to maintaining the Nutrition Programs at our Senior Center.

Activity donations help to pay for the many activities and programs that are available at our Senior Center, as well as, the parties and fun things we do. Your donation dollars are vital to our programming and activity options!