

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			1
<p>A suggested donation of \$3.00 is requested from seniors 60 and older.</p> <p>Persons under 60 can enjoy a meal for \$7.00</p> <p>Menu subject to change based on availability.</p> <p>Follow Us on Facebook @triocommunitymeals</p>			<p>Labor Day Meal</p> <p>Cheeseburger Hamburger Bun Lettuce/Tomato/Onion/Pickles French Fries Watermelon Chocolate Pudding <i>Diet-Sugar-Free Chocolate Pudding</i> Milk Ketchup Mustard</p>
5	6	7	8
<p>CLOSED Labor Day</p>	<p>Meatballs in Marinara Sauce Pasta Parslied Carrots Brussels Sprouts Garlic Texas Bread Seasonal Fruit Milk</p>	<p>Hawaiian Chicken Haystack White Rice Japanese Vegetable Blend Cucumber Salad Pineapple Tidbits Saltine Crackers Milk</p>	<p>Turkey Breast w/Gravy Au Gratin Potatoes Green Beans w/Onions Spinach Salad Wheat Bread Peach Crisp <i>Diet - Sliced Peaches</i> Milk Margarine Ranch Salad Dressing</p>
12	13	14	15
<p>Chicken Cordon Bleu Biscuit Green Beans Parslied Carrots Tropical Fruit Milk</p>	<p>Sloppy Joe Hamburger Bun French Fries Carrot Raisin Salad Hot Spiced Apples Sugar Cookie <i>Diet - Vanilla Wafers</i> Milk Ketchup</p>	<p>Glazed Ham Cut Yams Mixed Vegetables Macaroni Salad Dinner Roll Seasonal Fruit Milk Margarine</p>	<p>Swiss Steak Egg Noodles California Vegetable Blend Whole Kernel Corn Wheat Bread Seasonal Fruit Milk Margarine</p>
19	20	21	22
<p>Cheeseburger Hamburger Bun Lettuce/Tomato/Onion/Pickles Potato Wedges Pineapple Milk Ketchup Mustard</p>	<p>Fish Vera Cruz Spanish Rice Black Beans Coleslaw Whole Wheat Tortilla Applesauce Milk</p>	<p>Cheesy Pizza Bake Italian Vegetable Blend Garden Tossed Salad Garlic Texas Bread Tropical Fruit Milk Ranch Salad Dressing</p>	<p>Chicken Fried Rice Broccoli Cabbage & Carrots Wheat Bread Seasonal Fruit Fortune Cookie Milk Margarine</p>
26	27	28	29
<p>Pork w/Lemon Caper Sauce Brown Rice Whole Kernel Corn Spinach Salad Dinner Roll Seasonal Fruit Milk Margarine Ranch Salad Dressing</p>	<p>Beef & Turkey Chili w/Beans Baked Potato Half California Vegetable Blend Tropical Fruit Wheat Bread Milk Margarine Sour Cream Shredded Cheese</p>	<p>Chicken Salad Sandwich w/Celery & Grapes Brioche Bun Lettuce/Tomato/Onion Coleslaw Mandarin Oranges Oatmeal Raisin Cookie <i>Diet - Vanilla Wafers</i> Milk</p>	<p>Salisbury Steak w/Gravy Au Gratin Potatoes Parslied Carrots Green Peas Garlic Texas Bread Seasonal Fruit Milk</p>