

Hurricane Active Life Center | May 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>A suggested donation of \$4.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00</p> <p>Menu subject to change based on availability.</p> <p>Follow Us on Facebook @triocommunitymeals</p>		1	2
		Sloppy Joe Baked Beans Broccoli Hamburger Bun Cinnamon Applesauce	Cinco de Mayo Meal Chicken Enchiladas Spanish Rice Fiesta Vegetable Blend Shredded Lettuce and Tomato Corn Tortilla Seasonal Fruit
6	7	8	9
Country Fried Steak w/Country Gravy Mashed Potatoes Green Beans Carrot Raisin Salad Wheat Bread Seasonal Fruit Chocolate Chip Cookie Diet - Sugar-Free Cookie	Meatballs w/Spaghetti Sauce Pasta Mixed Vegetables Mixed Green Salad Garlic Texas Bread Fresh Grapes Margarine Ranch Salad Dressing	Turkey Melt Sandwich Hearty Tomato Soup Potato Wedges Wheat Bread Seasonal Fruit Mayonnaise Mustard Ketchup	Mother's Day Meal Baked Chicken w/Spinach Sauce Buttered Rice Garden Vegetable Blend Mixed Green Salad Dinner Roll Seasonal Fruit Sugar Cookie Diet - Sugar-Free Cookie Margarine Ranch Salad Dressing
13	14	15	16
Swedish Meatballs Penne Pasta Green Beans with Onion Parslied Carrots Texas Bread Seasonal Fruit	Panko Crusted Pollock w/Creamy Dill Sauce Brown Rice California Vegetable Blend Mixed Vegetables Dinner Roll Seasonal Fruit Margarine	Homemade Meatloaf w/Brown Gravy Garlic Whipped Potatoes Green Peas Spinach Salad Wheat Bread Seasonal Fruit Margarine Ranch Salad Dressing	Chicken w/Alfredo Sauce Rotini Pasta San Francisco Vegetable Blend Whole Kernel Corn Wheat Bread Seasonal Fruit Vanilla Pudding Diet - Vanilla Pudding
20	21	22	23
Pork Carnitas Spanish Rice Pinto Beans Cucumber Salad Corn Tortilla Seasonal Fruit Taco Sauce	Open Face Turkey Sandwich w/Gravy Mashed Potatoes California Vegetable Blend Whole Kernel Corn Wheat Bread Strawberry Fruited Gelatin Diet - Fruited Gelatin	Salisbury Steak w/Brown Gravy Egg Noodles Mixed Vegetables Beet Salad Dinner Roll Seasonal Fruit Margarine	Memorial Day Meal Hamburger Patty Lettuce Tomato Pickle Baked Beans Potato Salad Hamburger Bun Seasonal Fruit Chocolate Chip Cookie Diet - Sugar-Free Cookie
27	28	29	30
Closed	Beef Stroganoff Mashed Potatoes Green Peas Spinach Salad Texas Bread Peach Crisp Diet - Peaches Margarine Ranch Salad Dressing	Chicken Fajita Spanish Rice Fiesta Vegetable Blend Black Bean Salad Corn Tortilla Seasonal Fruit	Herb Roasted Pork Loin w/Creamy Dijon Sauce Au Gratin Potatoes Mixed Vegetables Brussels Sprouts Dinner Roll Seasonal Fruit