

Hurricane Active Life Center | May 2023



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|---|--|---|---|
| 1 | 2 | 3 | 4 |
| Breaded Fish Sandwich Green Peas Garden Vegetable Blend Hamburger Bun Seasonal Fruit Milk Tartar Sauce | Smothered Chicken Whole Kernel Corn Carrots Texas Bread Buttered Rice Seasonal Fruit Milk Margarine | Sloppy Joe Baked Beans Broccoli Hamburger Bun Cinnamon Applesauce Milk | <i>Cinco de Mayo Meal</i> Chicken Enchiladas Shredded Lettuce & Tomato Fiesta Vegetable Blend Corn Tortillas Spanish Rice Seasonal Fruit Milk Sour Cream |
| 8 | 9 | 10 | 11 |
| Baked Chicken w/Gravy California Vegetable Blend Carrot Raisin Salad Stuffing Wheat Bread Seasonal Fruit Milk Chocolate Chip Cookie <i>Diet - Sugar-Free Cookie</i> | Meatballs w/Spaghetti Sauce Mixed Vegetables Mixed Green Salad Penne Pasta Garlic Texas Bread Fresh Grapes Milk Margarine Ranch Salad Dressing | Turkey Melt Sandwich Hearty Tomato Soup Potato Wedges Wheat Bread Seasonal Fruit Milk Mayonnaise Mustard Ketchup | <i>Mother's Day Meal</i> Baked Chicken w/Spinach Sauce Garden Vegetable Blend Mixed Green Salad Dinner Roll Buttered Rice Seasonal Fruit Sugar Cookie <i>Diet - Sugar-Free Cookie</i> Milk Margarine Ranch Salad Dressing |
| 15 | 16 | 17 | 18 |
| Swedish Meatballs Parslied Carrots Green Beans with Onion Penne Pasta Garlic Texas Bread Seasonal Fruit Milk | Panko Crusted Pollock w/Creamy Dill Sauce Mixed Vegetables Broccoli Brown Rice Dinner Roll Seasonal Fruit Milk Margarine | Cheeseburger Lettuce/Tomato/Onion/Pickles Potato Wedges Hamburger Bun Peach Crisp <i>Diet - Canned Peaches</i> Milk Ketchup Mustard | Chicken w/Alfredo Sauce Garden Vegetable Blend Spinach Salad Rotini Pasta Wheat Bread Seasonal Fruit Milk Ranch Salad Dressing |
| 22 | 23 | 24 | 25 |
| Beef Taco Pinto Beans Shredded Lettuce & Tomato Flour Tortilla Spanish Rice Seasonal Fruit Milk Shredded Cheese Taco Sauce | Open Face Turkey Sandwich w/Gravy California Vegetable Blend Spinach Salad Mashed Potatoes Wheat Bread Fresh Grapes Cherry Cake <i>Diet - Sugar-Free Cookie</i> Milk Ranch Salad Dressing | Salisbury Steak w/Brown Gravy Mixed Vegetables Beet Salad Egg Noodles Dinner Roll Seasonal Fruit Milk Margarine | <i>Memorial Day Meal</i> BBQ Chicken Sandwich Baked Beans Potato Salad Hamburger Bun Seasonal Fruit Chocolate Chip Cookie <i>Diet - Sugar-Free Cookie</i> Milk |
| 29 | 30 | 31 | |
| Closed for Holiday | Homemade Meatloaf w/Brown Gravy Creamed Peas Spinach Salad Garlic Whipped Potatoes Dinner Roll Seasonal Fruit Milk Margarine Ranch Salad Dressing | Chicken Fajita Fiesta Vegetable Blend Black Bean & Corn Salad Flour Tortilla Spanish Brown Rice Seasonal Fruit Milk Taco Sauce | A suggested donation of \$4.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00 Menu subject to change based on availability. Follow Us on Facebook @triocommunitymeals |