

Hurricane Active Life Center | March 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>A suggested donation of \$4.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00</p> <p>Menu subject to change based on availability.</p> <p>Follow Us on Facebook @triocommunitymeals</p>		 <p>TRIO Community Meals</p> <p>Nourishment through compassionate care.</p>	
4	5	6	7
Beef Taco Soup Spanish Brown Rice Mixed Vegetables in Soup Mixed Green Salad Tortilla Chips Seasonal Fruit Milk Ranch Salad Dressing	Pork w/Cranberry Apple Sauce Au Gratin Potatoes Brussels Sprouts Beet Salad Cornbread Seasonal Fruit Milk Margarine	Hawaiian Chicken Haystack White Rice Japanese Vegetable Blend Cabbage & Carrots Wheat Bread Pineapple Tidbits Milk Margarine	Cheesy Pizza Bake Noodles Winter Vegetable Blend Whole Kernel Corn Wheat Bread Fruited Gelatin Diet - Fruit Cocktail Milk Margarine
11	12	13	14
Creamy Paprika Chicken Penne Pasta California Vegetable Blend Green Peas Garlic Texas Bread Ambrosia Salad Diet - Mixed Fruit Milk	Homemade Meatloaf w/Gravy Mashed Potatoes Parslied Carrots Brussels Sprouts Multi-Grain Bread Seasonal Fruit Milk Margarine	Turkey Breast w/Gravy Dressing Green Beans & Onions Spinach Salad Wheat Bread Seasonal Fruit Milk Margarine Ranch Salad Dressing	St. Patrick's Day Meal Corned Beef Red Potatoes Parslied Carrots Cabbage Wheat Roll Fruited Gelatin Diet - Fruited Gelatin Milk Margarine
18	19	20	21
Country Fried Chicken Country Gravy Broccoli Glazed Beets Biscuit Seasonal Fruit Milk	Salisbury Steak w/Gravy Au Gratin Potatoes Green Peas Stewed Tomatoes Wheat Bread Fluffy Fruit Salad Diet - Mixed Fruit Milk Margarine	Hearty Tomato Soup Ham & Cheese Slider Mixed Vegetables in Soup Spinach Salad Seasonal Fruit Milk Ranch Salad Dressing Mustard	BBQ Breaded Chicken Sandwich Baked Beans Whole Kernel Corn Hamburger Bun Applesauce Milk
25	26	27	28
Onion Smothered Beef Mashed Potatoes Mixed Vegetables Spinach Salad Multi-Grain Bread Seasonal Fruit Milk Margarine Ranch Salad Dressing	Pork Carnitas Spanish Rice Fiesta Vegetable Blend Cucumber Salad Corn Tortilla Seasonal Fruit Milk Taco Sauce	Cheeseburger Hamburger Bun Lettuce/Tomato/Onion/Pickles Potato Wedges Hot Cinnamon Applesauce Milk Ketchup Mustard	Easter Meal Glazed Ham Whipped Potatoes Carrots Broccoli Dinner Roll Seasonal Fruit Chocolate Pudding Diet - Sugar-Free Pudding Milk Margarine