

Hurricane Active Life Center | March 2023

435-635-2089



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		1	2
<p>A suggested donation of \$3.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00</p> <p>Menu subject to change based on availability.</p> <p>Follow Us on Facebook @triocommunitymeals</p>		Chicken Cordon Bleu Texas Bread Mashed Potatoes Green Peas Spinach Salad Seasonal Fruit Milk Ranch Salad Dressing	Beef Chili Baked Potato Half Wheat Bread Mixed Vegetables Parslied Carrots Seasonal Fruit Vanilla Pudding <i>Diet - Sugar-Free Pudding</i> Milk Sour Cream
6	7	8	9
Hawaiian Chicken Haystack White Rice Wheat Bread Japanese Vegetable Blend Cabbage & Carrots Pineapple Tidbits Milk Margarine	Beef Taco Soup (Mixed Vegetables in Soup) Tortilla Chips Spanish Brown Rice Mixed Green Salad Seasonal Fruit Milk Shredded Cheese Ranch Salad Dressing	Pork w/Cranberry Apple Sauce Au Gratin Potatoes Cornbread Brussels Sprouts Beet Salad Seasonal Fruit Milk Margarine	Cheesy Pizza Bake Noodles Dinner Roll Winter Vegetable Blend Corn Fruited Gelatin <i>Diet - Fruit Cocktail</i> Milk Margarine
13	14	15	16
Creamy Paprika Chicken Penne Pasta Garlic Texas Bread California Vegetable Blend Green Peas Ambrosia Salad <i>Diet - Fruit Cocktail</i> Milk	Homemade Meatloaf w/Gravy Dinner Roll Mashed Potatoes Parslied Carrots Brussels Sprouts Seasonal Fruit Milk Margarine	Turkey Breast w/Gravy Confetti Rice Wheat Bread Green Beans & Onions Mixed Green Salad Seasonal Fruit Milk Margarine Ranch Salad Dressing	<i>St. Patrick's Day Meal</i> Corned Beef Rye Bread Red Potatoes Parslied Carrots Cabbage Fruited Gelatin <i>Diet - Fruit Cocktail</i> Milk Margarine
20	21	22	23
Hearty Tomato Soup (Mixed Vegetables in Soup) Ham & Cheese Slider Brioche Roll Spinach Salad Seasonal Fruit Milk Lettuce & Tomato Mustard Ranch Salad Dressing	Salisbury Steak w/Gravy Roasted Red Potatoes Wheat Bread Green Peas Stewed Tomatoes Fluffy Fruit Salad <i>Diet - Mixed Fruit</i> Milk Margarine	Potato Crusted Pollock Tortilla Fiesta Rice Broccoli Coleslaw Seasonal Fruit Milk Taco Sauce	BBQ Breaded Chicken Sandwich Hamburger Bun Baked Beans Corn Sliced Pears Milk
27	28	29	30
Onion Smothered Beef Dinner Roll Mashed Potatoes Mixed Vegetables Mixed Green Salad Seasonal Fruit Milk Margarine Ranch Salad Dressing	Enchilada Pie Tortilla Spanish Rice Fiesta Vegetable Blend Cucumber Salad Seasonal Fruit Milk	Turkey Cheeseburger Hamburger Bun Lettuce/Tomato/Onion/Pickles Potato Wedges Hot Cinnamon Applesauce Milk Ketchup Mustard	Meatball Stew Rotini Pasta Garlic Texas Bread Mixed Vegetables Spring Vegetable Blend Seasonal Fruit Chocolate Chip Cookie <i>Diet - Sugar-Free Cookie</i> Milk