

# Hurricane Active Life Center

March 2022

435-635-2089

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>A suggested donation of \$3.00 is requested from seniors 60 and older.</p> <p>Persons under 60 can enjoy a meal for \$7.00</p> <p>Menu subject to change based on availability.</p> <p>Follow Us on Facebook @triocommunitymeals</p>	1	2	3
	<p>Chicken w/Cordon Bleu Sauce Green Peas Spinach Salad Parslied Whipped Potatoes Texas Bread Seasonal Fruit Milk Salad Dressing</p>	<p>Roast Pork w/Sweet &amp; Sour Sauce San Francisco Veg Blend Green Beans &amp; Onions Jasmine Rice Dinner Roll Tropical Fruit Milk Margarine</p>	<p>Sloppy Joe Sandwich Parslied Carrots Broccoli Whole Wheat Hamburger Bun Potato Salad Seasonal Fruit Milk</p>
7	8	9	10
<p>Hawaiian Chicken Haystack Japanese Veg Blend Cabbage &amp; Carrots White Rice Wheat Bread Pineapple Tidbits Milk Margarine</p>	<p>Beef Taco Soup Mixed Vegetables Mixed Green Salad Spanish Brown Rice Tortilla Chips Seasonal Fruit Milk Salad Dressing</p>	<p>Roast Pork w/Cranberry Apple Sauce Brussels Sprouts Glazed Beets Mashed Potatoes Cornbread Seasonal Fruit Milk Margarine</p>	<p>Cheesy Pizza Bake Parslied Carrots Spinach Salad Egg Noodles Dinner Roll Fruited Gelatin Milk Margarine Salad Dressing</p>
14	15	16	17
<p>Creamy Paprika Chicken California Veg Blend Green Peas Penne Pasta Texas Bread Ambrosia Salad Milk</p>	<p>Turkey Breast w/Poultry Gravy Green Beans &amp; Onions Mixed Green Salad Confetti Rice Wheat Bread Seasonal Fruit Milk Margarine Salad Dressing</p>	<p>Homemade Meatloaf w/Brown Gravy Brussels Sprouts Parslied Carrots Mashed Potatoes Dinner Roll Seasonal Fruit Milk Margarine</p>	<p><b>St. Patrick's Day Meal</b> Corned Beef Parslied Carrots Cabbage Roasted Red Potatoes Rye Bread Fruited Gelatin Milk Margarine</p>
21	22	23	24
<p>Calico Soup Ham &amp; Cheese Slider Mixed Vegetables Spinach Salad Dinner Roll Seasonal Fruit Milk Mustard Lettuce &amp; Tomato Salad Dressing</p>	<p>Salisbury Steak w/Onion Gravy Stewed Tomatoes Green Peas Buttered Rice Wheat Bread Sliced Pears Milk Margarine</p>	<p>Cheese Omelet Broccoli Glazed Beets Croissant Hashbrown Patty Seasonal Fruit Milk</p>	<p>Creamy Chicken &amp; Gnocchi Mixed Vegetables Mixed Green Salad Dinner Roll Fluffy Fruit Salad Milk Margarine Salad Dressing</p>
28	29	30	31
<p>Country Fried Steak w/Gravy Mixed Vegetables Spinach Salad Mashed Potatoes Dinner Roll Seasonal Fruit Milk Margarine Salad Dressing</p>	<p>Chicken Brunswick Stew Garden Veg Blend Cucumber Salad Buttered Rice Texas Bread Seasonal Fruit Milk</p>	<p>Turkey Burger w/Red Pepper Aioli Lettuce/Tomato/Onion/Pickle Five Bean Salad Potato Wedges Whole Wheat Hamburger Bun Hot Cinnamon Applesauce Milk Ketchup Mustard</p>	<p>Bean &amp; Cheese Enchilada Pie Fiesta Veg Blend Mixed Green Salad Tortillas in Entrée Spanish Rice Seasonal Fruit Milk Salad Dressing Taco Sauce</p>