



Hurricane Active Life Center | June 2023

435-635-2089

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			1
<p>A suggested donation of \$4.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00. Lunch is served 11:30-12:30.</p> <p>Menu subject to change based on availability.</p> <p>Follow Us on Facebook @triocommunitymeals</p>			Herb Roasted Pork Loin Creamy Dijon Sauce Mixed Vegetables Brussels Sprouts Potatoes Au Gratin Cornbread Fresh Grapes Milk
5	6	7	8
Breaded Fish Sandwich Green Peas Garden Vegetable Blend Hamburger Bun Seasonal Fruit Milk Tartar Sauce	Smothered Chicken Thigh Whole Kernel Corn Carrots Texas Bread Buttered Rice Seasonal Fruit Milk Margarine	Sloppy Joe Baked Beans Broccoli Hamburger Bun Cinnamon Applesauce Milk	Sweet & Sour Chicken Japanese Vegetable Blend Cucumber Salad Jasmine White Rice Wheat Bread Seasonal Fruit Fortune Cookie Milk Margarine
12	13	14	15
Baked Chicken w/Gravy Stuffing California Vegetable Blend Carrot Raisin Salad Wheat Bread Seasonal Fruit Milk Chocolate Chip Cookie <i>Diet - Sugar-Free Cookie</i>	Meatballs w/Marinara Sauce Mixed Vegetables Mixed Green Salad Penne Pasta Garlic Texas Bread Fresh Grapes Milk Margarine Ranch Salad Dressing	Turkey Melt Sandwich Hearty Tomato Soup Potato Wedges Wheat Bread Seasonal Fruit Milk Mayonnaise Mustard Ketchup	Father's Day Meal Meatball Sub Red Potatoes Glazed Carrots Hot Dog Bun Fruited Gelatin <i>Diet - Canned Fruit</i> Milk
19	20	21	22
Closed for Holiday	Panko Crusted Pollock w/Creamy Dill Sauce Mixed Vegetables Broccoli Brown Rice Dinner Roll Seasonal Fruit Milk Margarine	Cheeseburger Lettuce/Tomato/Onion/Pickles Potato Wedges Hamburger Bun Peach Crisp <i>Diet - Canned Peaches</i> Milk Ketchup Mustard	Chicken w/Alfredo Sauce Garden Vegetable Blend Spinach Salad Rotini Pasta Wheat Bread Seasonal Fruit Milk Ranch Salad Dressing
26	27	28	29
Beef Taco Pinto Beans Shredded Lettuce & Tomato Flour Tortilla Spanish Rice Seasonal Fruit Milk Shredded Cheese Taco Sauce	Open Face Turkey Sandwich w/Gravy California Vegetable Blend Spinach Salad Mashed Potatoes Wheat Bread Fresh Grapes Cherry Cake <i>Diet - Sugar-Free Cookie</i> Milk Ranch Salad Dressing	Salisbury Steak w/Brown Gravy Mixed Vegetables Beet Salad Egg Noodles Dinner Roll Seasonal Fruit Milk Margarine	Minestrone Soup w/Sausage Mixed Vegetables in Soup Mixed Green Salad Baked Potato Half Dinner Roll Seasonal Fruit Milk Margarine & Sour Cream Ranch Salad Dressing