

Hurricane Active Life Center

June 2022

435-635-2089

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		1	2
<p>A suggested donation of \$3.00 is requested from seniors 60 and older.</p> <p>Persons under 60 can enjoy a meal for \$7.00</p> <p>Menu subject to change based on availability.</p> <p>Follow Us on Facebook @triocommunitymeals</p>		<p>Chicken Fajita Flour Tortilla Black Bean & Corn Salad Fiesta Vegetable Blend Spanish Brown Rice Fresh Grapes Milk Taco Sauce</p>	<p>Meatloaf w/Brown Gravy Garlic Whipped Potatoes Creamed Peas Spinach Salad Dinner Roll Tropical Fruit Milk Margarine Ranch Salad Dressing</p>
6	7	8	9
<p>Breaded Fish Sandwich Hamburger Bun Green Peas Garden Vegetable Blend Seasonal Fruit Milk Tartar Sauce</p>	<p>Smothered Chicken Breast Buttered Rice Green Beans Whole Kernel Corn Texas Bread Seasonal Fruit Milk Margarine</p>	<p>Salisbury Steak w/Brown Gravy Roasted Red Potatoes Mixed Vegetables Beet Salad Dinner Roll Fruited Gelatin Milk Margarine <i>Diet - Sugar-Free Fruited Gelatin</i></p>	<p>Sweet & Sour Chicken Japanese Veg Blend Cucumber Salad Jasmine White Rice Mandarin Oranges Milk</p>
13	14	15	16
<p>Hawaiian Chicken Haystack Broccoli Cabbage & Carrots White Rice Wheat Bread Pineapple Tidbits Milk Margarine</p>	<p>Meatballs w/Spaghetti Sauce Penne Pasta Mixed Vegetables Mixed Green Salad Dinner Roll Fresh Grapes Milk Margarine Ranch Salad Dressing</p>	<p>Bratwurst Hot Dog Bun Sauerkraut Potato Wedges Seasonal Fruit Milk Mustard Ketchup Relish</p>	<p>Father's Day Meal Roast Beef Au Jus Oven Roasted Potatoes Glazed Baby Carrots Tossed Salad w/Dressing Dinner Roll w/Margarine Seasonal Fruit Milk Chocolate Chip Cookie <i>Diet - No Sugar Added Pudding</i></p>
20	21	22	23
<p>CLOSED in observance of Juneteenth</p>	<p>Panko Crusted Pollock w/Creamy Dill Sauce Brown Rice Broccoli Mixed Vegetables Dinner Roll Seasonal Fruit Milk Margarine</p>	<p>Cheeseburger Hamburger Bun Lettuce/Tomato/Onion/Pickles Potato Wedges Peach Crisp Milk Ketchup Mustard <i>Diet Dessert - Diced Peaches</i></p>	<p>Chicken Breast w/Alfredo Sauce Garden Vegetable Blend Spinach Salad Fettuccini Noodles Garlic Texas Bread Seasonal Fruit Milk Ranch Salad Dressing</p>
27	28	29	30
<p>Beef Taco Pinto Beans Shredded Lettuce & Tomato Flour Tortilla Spanish Rice Canned Pineapple Milk Shredded Cheese Taco Sauce</p>	<p>Open Face Turkey Sandwich w/Gravy Green Beans Mashed Potatoes Spinach Salad Fresh Grapes Milk Ranch Salad Dressing Chocolate Chip Cookie <i>Diet - Sugar-Free Gelatin</i></p>	<p>Sloppy Joe Hamburger Bun Baked Beans Parslied Carrots Cinnamon Applesauce Milk</p>	<p>Minestrone Soup w/Sausage Baked Potato Half Mixed Vegetables Mixed Green Salad Dinner Roll Tropical Fruit Milk Margarine & Sour Cream Ranch Salad Dressing</p>