

HURRICANE SENIOR CENTER

June 2021

95 N. 300 W.
435-635-2089

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1		2	
	Swiss Steak Confetti Rice Bahamas Vegetables Spinach Salad Dinner Roll Seasonal Fruit Milk Margarine Salad Dressing	Chicken Fajitas Shredded Cheese Lettuce & Tomato Black Beans Fiesta Vegetables Flour Tortilla Peaches Milk Taco Sauce	Homemade Meatloaf with Au Jus Scalloped Potatoes Green Peas Spinach Salad Dinner Roll Tropical Fruit Cocktail Milk Margarine Salad Dressing
7		8	
Creole Steak Okra & Tomatoes Buttermilk Potatoes Cornbread Seasonal Fruit Milk Margarine	Hawaiian Chicken Haystack White Rice Peas and Carrots Japanese Vegetables Pineapple Tidbits Milk	Salisbury Steak Mashed Potatoes Spinach Beet Salad Saltine Crackers Strawberry Fruited Gelatin Milk	Chicken Dumplings Mixed Vegetables Mixed Green Salad Biscuit Seasonal Fruit Milk Salad Dressing
14		15	
Smothered Chicken Au Gratin Potatoes Green Beans Whole Kernel Corn Texas Bread Seasonal Fruit Milk Margarine	Spaghetti and Meatballs Broccoli Mixed Green Salad Dinner Roll Grapes Milk Margarine Salad Dressing	BBQ Pulled Pork Baked Beans Coleslaw Hamburger Bun Hot Cinnamon Applesauce Milk	16
21		22	
Swedish Meatballs Egg Noodles Green Peas Parslied Carrots Texas Bread Seasonal Fruit Milk Margarine	Baked Fish with Creamy Dill Sauce Twice Whipped Potatoes Mixed Vegetables Dinner Roll Pineapple Tidbits Milk	Beef Patty Lettuce Tomato Onion Pickles Crinkle Cut French Fries Hamburger Bun Hot Spiced Apples Milk Mustard Ketchup	23
28		29	
Country Fried Steak with Country Gravy Mashed Potatoes Stewed Tomatoes Pineapple Slaw Biscuit Milk Sugar Cookie Diet - Vanilla Wafers	Minestrone with Italian Sausage Soup Mixed Green Salad Fluffy Fruit Salad Dinner Roll Chocolate Chip Cookies Milk Diet - Vanilla Wafers Salad Dressing	Bratwurst Sauerkraut Herb Potato Salad Hot Dog Bun Hot Pineapple Tidbits Milk Mustard	30
		A suggested donation of \$3.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00 Milk and Bread served with all meals. Follow Us on Facebook @triocommunitymeals.com	