

Hurricane Active Life Center

July 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1	2	3	4
Chicken Cordon Bleu Mashed Potatoes Green Beans Cornbread Seasonal Fruit	Sloppy Joe French Fries Bean Salad Hamburger Bun Hot Spiced Apples Sugar Cookie <i>Diet- Vanilla Wafers</i> Ketchup	Independence Day Meal Chili Cheese Dog French Fries Carrot Raisin Salad Hot Dog Bun Seasonal Fruit Chocolate Chip Cookie <i>Diet - Vanilla Wafers</i> Ketchup	Closed
8	9	10	11
Cheeseburger Lettuce Tomato Onion Pickle Potato Wedges Hamburger Bun Seasonal Fruit Mustard Ketchup	Chicken Enchiladas w/Flour Tortillas Spanish Rice Pinto Beans Coleslaw Applesauce	Cheesy Pizza Bake Italian Vegetable Blend Mixed Green Salad Garlic Texas Bread Tropical Fruit Ranch Salad Dressing	Chicken Teriyaki Jasmine Rice Honey Ginger Baby Carrots Sugar Snap Peas Wheat Bread Seasonal Fruit Fortune Cookie Margarine
15	16	17	18
Pork with Lemon Caper Sauce Roasted Red Potatoes Whole Kernel Corn Spinach Salad Dinner Roll Seasonal Fruit Ranch Salad Dressing Margarine	Chili with Beans Shredded Cheese Baked Potato California Vegetable Blend Saltine Crackers Seasonal Fruit Sour Cream Margarine	Tuna Salad Sandwich Lettuce Tomato Onion Coleslaw Hamburger Bun Fresh Grapes Sugar Cookie <i>Diet - Graham Crackers</i>	Meatballs with Gravy Whipped Potatoes Parslied Carrots Green Peas Wheat Bread Seasonal Fruit
22	23	24	25
BBQ Pork Rib Patty Broccoli Carrot Raisin Salad Hamburger Bun Cinnamon Applesauce	Pioneer Day Meal BBQ Chicken Sandwich Whole Kernel Corn Cucumber Salad Hamburger Bun Strawberry Fruited Gelatin <i>Diet - Fruited Gelatin</i>	Closed	Beef Frank Potato Wedges Baked Beans Hot Dog Bun Seasonal Fruit Mustard Ketchup
29	30	31	
Sliced Turkey Breast with Gravy Au Gratin Potatoes Green Beans with Onions Spinach Salad Wheat Bread Tropical Fruit Ranch Salad Dressing Margarine	Hawaiian Chicken Haystack White Rice Japanese Vegetable Blend Cucumber Salad Chow Mein Noodles Pineapple Tidbits Fortune Cookie	Meatballs in Spaghetti Sauce Pasta Parslied Carrots Brussels Sprouts Garlic Texas Bread Seasonal Fruit	A suggested donation of \$4.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00 Menu subject to change based on availability. Follow Us on Facebook @triocommunitymeals