

Hurricane Active Life Center | February 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>A suggested donation of \$4.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00</p> <p>Menu subject to change based on availability.</p> <p>Follow Us on Facebook @triocommunitymeals</p>			<p>1</p> <p>Cheesy Pizza Bake Noodles Winter Vegetable Blend Whole Kernel Corn Wheat Bread Fruited Gelatin Diet - Fruit Cocktail Milk Margarine</p>
5	6		7
<p>Creamy Paprika Chicken Penne Pasta California Vegetable Blend Green Peas Garlic Texas Bread Ambrosia Salad Diet - Mixed Fruit Milk</p>	<p>Homemade Meatloaf w/Gravy Mashed Potatoes Parslied Carrots Brussels Sprouts Multi-Grain Bread Seasonal Fruit Milk Margarine</p>	<p>Turkey Breast w/Gravy Dressing Green Beans & Onions Spinach Salad Wheat Bread Seasonal Fruit Milk Margarine Ranch Salad Dressing</p>	<p>Cuban Shredded Pork Spanish Rice Black Beans Corn Salad Corn Tortilla Seasonal Fruit Milk</p>
12	13	14	15
<p>Country Fried Chicken Country Gravy Broccoli Glazed Beets Biscuit Seasonal Fruit Milk</p>	<p>Salisbury Steak w/Gravy Au Gratin Potatoes Green Peas Stewed Tomatoes Wheat Bread Fluffy Fruit Salad Diet - Mixed Fruit Milk Margarine</p>	<p>Valentine's Day Meal Lasagna California Vegetable Blend Mixed Green Salad Garlic Texas Bread Seasonal Fruit Strawberry Swirl Pudding Diet - Sugar-Free Pudding Milk Ranch Salad Dressing</p>	<p>BBQ Breaded Chicken Sandwich Baked Beans Whole Kernel Corn Hamburger Bun Applesauce Milk</p>
19	20	21	22
<p>Closed</p>	<p>Pork Carnitas Spanish Rice Fiesta Vegetable Blend Cucumber Salad Corn Tortilla Seasonal Fruit Milk Taco Sauce</p>	<p>Cheeseburger Hamburger Bun Lettuce/Tomato/Onion/Pickles Potato Wedges Hot Cinnamon Applesauce Milk Ketchup Mustard</p>	<p>Meatball Stew Rotini Pasta Mixed Vegetables in Stew San Francisco Vegetable Blend Texas Bread Seasonal Fruit Milk</p>
26	27	28	29
<p>Potato Crusted Pollock Lemon Orzo Broccoli Coleslaw Wheat Roll Seasonal Fruit Milk Tartar Sauce</p>	<p>Sweet & Sour Pork Jasmine Rice San Francisco Vegetable Blend Green Beans & Onions Dinner Roll Seasonal Fruit Milk Margarine</p>	<p>Chicken Cordon Bleu Mashed Potatoes Green Peas Spinach Salad Texas Bread Seasonal Fruit Milk Ranch Salad Dressing</p>	<p>Beef Chili Baked Potato Parslied Carrots Wheat Bread Vanilla Pudding Diet- Sugar-Free Vanilla Pudding Milk Sour Cream & Margarine</p>