

# Hurricane Active Life Center

February 2022

435-635-2089



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	<b>1</b>	<b>2</b>	<b>3</b>
	Beef Taco Soup Mixed Vegetables Mixed Green Salad Spanish Brown Rice Tortilla Chips Seasonal Fruit Milk Salad Dressing	Roast Pork w/Cranberry Apple Sauce Brussels Sprouts Glazed Beets Mashed Potatoes Cornbread Seasonal Fruit Milk Margarine	Cheesy Pizza Bake Parslied Carrots Spinach Salad Egg Noodles Dinner Roll Fruited Gelatin Milk Margarine Salad Dressing
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Creamy Paprika Chicken California Veg Blend Green Peas Penne Pasta Texas Bread Ambrosia Salad Milk	Sliced Turkey Breast w/Gravy Green Beans & Onions Mixed Green Salad Confetti Rice Wheat Bread Seasonal Fruit Milk Margarine Salad Dressing	Homemade Meatloaf w/Brown Gravy Brussels Sprouts Parslied Carrots Mashed Potatoes Dinner Roll Seasonal Fruit Milk Margarine	BBQ Chicken Sandwich Baked Beans Coleslaw Potato Wedges Whole Wheat Hamburger Bun Fresh Grapes Milk
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>Valentine's Day Meal</b> Chicken Marbella California Veg Blend Spinach Salad Steamed Rice Garlic Texas Toast Seasonal Fruit Milk Salad Dressing Strawberry Poke Cake	Salisbury Steak w/Onion Gravy Stewed Tomatoes Green Peas Buttered Rice Wheat Bread Sliced Pears Milk Margarine	Cheese Omelet Broccoli Glazed Beets Croissant Hashbrown Patty Seasonal Fruit Milk	Creamy Chicken & Gnocchi Mixed Vegetables Mixed Green Salad Dinner Roll Fluffy Fruit Salad Milk Margarine Salad Dressing
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>CLOSED</b> Presidents Day	Chicken Brunswick Stew Garden Veg Blend Cucumber Salad Buttered Rice Texas Bread Seasonal Fruit Milk	Turkey Burger w/Red Pepper Aioli Lettuce/Tomato/Onion/Pickle Five Bean Salad Potato Wedges Whole Wheat Hamburger Bun Hot Cinnamon Applesauce Milk Ketchup Mustard	Bean & Cheese Enchilada Pie w/Tortilla Fiesta Veg Blend Mixed Green Salad Spanish Rice Seasonal Fruit Milk Salad Dressing Taco Sauce
<b>28</b>			
Fish Taco Coleslaw Mixed Vegetables Flour Tortilla Fiesta Rice Pineapple Tidbits Milk Taco Sauce	A suggested donation of \$3.00 is requested from seniors 60 and older.  Persons under 60 can enjoy a meal for \$7.00  Menu subject to change based on availability.  Follow Us on Facebook @triocommunitymeals		