

Hurricane Active Life Center

December 2023

435-635-2089



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>A suggested donation of \$4.00 is requested from seniors 60 and older.</p> <p>Persons under 60 can enjoy a meal for \$7.00</p> <p>Menu subject to change based on availability.</p> <p>Follow Us on Facebook @triocommunitymeals</p>			
4	5	6	7
Stroganoff Mashed Potatoes California Vegetable Blend Spinach Salad Dinner Roll Cinnamon Applesauce Milk Ranch Salad Dressing	Turkey Pot Pie w/Biscuit Top Whole Kernel Corn Broccoli Fruited Gelatin Diet - Sugar-Free Fruited Gelatin Milk	Potato Crusted Fish Roasted Potatoes Mixed Green Salad Wheat Roll Seasonal Fruit Milk Margarine Salad Dressing Tartar Sauce	Meatballs w/Spaghetti Sauce Pasta Sliced Carrots Green Peas Garlic Bread Seasonal Fruit Milk Margarine Margarine
11	12	13	14
Chicken Parmesan Penne Pasta Green Peas Garden Vegetable Blend Texas Bread Cinnamon Applesauce Milk Margarine	Homemade Meatloaf w/Gravy Mashed Potatoes Parslied Carrots Spinach Salad Wheat Bread Seasonal Fruit Milk Margarine Ranch Salad Dressing	Chili w/Shredded Cheese Baked Potato Brussels Sprouts Cornbread Seasonal Fruit Milk Sour Cream	BBQ Pork Rib Patty Mixed Vegetables Coleslaw Hamburger Bun Tropical Fruit Milk
18	19	20	21
Salisbury Steak w/Gravy Whipped Potatoes Green Peas Cucumber Salad Wheat Bread Seasonal Fruit Milk Margarine	Chicken w/Cranberry Orange Sauce Brown Rice 3-Way Mixed Vegetables Spinach Salad Garlic Texas Bread Seasonal Fruit Milk Ranch Salad Dressing	Sausage Minestrone Soup Saltine Crackers Roasted Potatoes Broccoli Ambrosia Salad Milk	Christmas Meal Roast Beef w/Gravy Whipped Potatoes Peas & Carrots Mixed Green Salad Dinner Roll Strawberry Poke Cake Milk Margarine Ranch Salad Dressing
25	26	27	28
Closed	Chicken Alfredo Fettuccini Noodles California Vegetable Blend Broccoli Salad Texas Bread Seasonal Fruit Milk Margarine	Hot Turkey Aioli Sandwich Wheat Bread Green Beans & Onions Glazed Beets Tropical Fruit Milk	New Year's Meal Glazed Ham Au Gratin Potatoes Garden Vegetable Blend Spinach Wheat Bread Applesauce Milk Margarine