

HURRICANE ACTIVE LIFE CENTER

95 N. 300 W.

435-635-2089

December 2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1		2	
<p>A suggested donation of \$3.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00.</p> <p>Follow us on Facebook triocommunitymeals.com</p>	<p>Glazed Ham Baked Sweet Potato Garden Vegetables Mixed Green Salad Cornbread Seasonal Fruit Baked Cookie Margarine Ranch Salad Dressing Diet - Vanilla Wafers</p>	<p>Hawaiian Chicken Haystack Peas & Carrots Basmati Rice Asian Coleslaw Chow Mein Noodles Pineapple Tidbits Margarine</p>	<p>Beef Spaghetti Green Beans Mixed Green Salad Garlic Texas Bread Applesauce Margarine Ranch Salad Dressing</p>
7		8	
<p>Turkey Pot Pie Whole Kernel Corn Buttered Rice Mixed Green Salad Biscuit Seasonal Fruit Margarine Ranch Salad Dressing</p>	<p>Vegetable Lasagna Bake Capri Vegetables Mixed Green Salad Texas Bread Seasonal Fruit Margarine Ranch Salad Dressing</p>	<p>Buffalo Chicken Lettuce and Tomato Sweet Potato Fries Coleslaw Hamburger Bun Cinnamon Applesauce Ranch Dressing</p>	<p>Country Fried Steak w/Country Gravy Mashed Potatoes Sliced Carrots Green Peas Dinner Roll Fluffy Fruit Salad Margarine Diet-Mixed Fruit</p>
14		15	
<p>Cacciatore Chicken Penne Pasta Italian Vegetables Mixed Green Salad Texas Bread Hot Spiced Pears Margarine Ranch Salad Dressing</p>	<p>Teriyaki Meatballs Fried Rice Japanese Vegetables Mixed Green Salad Dinner Roll Mandarin Oranges Margarine Ranch Salad Dressing</p>	<p>Smoked Turkey Potato Soup Sliced Carrots Cornbread Seasonal Fruit Strawberry Gelatin Margarine Diet - Sugar-Free Gelatin</p>	<p>Baked Chicken w/Creamy Paprika Sauce Mashed Potatoes Brussels Sprouts Mixed Green Salad Dinner Roll Seasonal Fruit Margarine Ranch Salad Dressing</p>
21		22	
<p>Salisbury Steak w/Mushroom Gravy Brown Rice Green Peas Glazed Carrots Dinner Roll Seasonal Fruit Margarine</p>	<p>Sliced Ham Mashed Spiced Yams Winter Vegetables Beet Salad Wheat Bread Tropical Fruit Cocktail Margarine</p>	<p>Christmas Day Meal Sliced Turkey w/Gravy Whipped Potatoes Green Beans & Onions Mixed Green Salad Dinner Roll Strawberry Poke Cake Margarine Ranch Salad Dressing Diet-Mixed Fruit</p>	<p>Home Delivery Meal Only Alfredo Chicken Fettuccini Noodles Garden Vegetables Mixed Green Salad Garlic Texas Toast Apple Crisp Margarine Ranch Salad Dressing Diet - Hot Peaches</p>
28		29	
<p>Cilantro Lime Chicken Spanish Rice Black Beans Corn Relish Tortilla Peaches</p>	<p>Creole Beef Buttermilk Potatoes Mixed Vegetables Texas Bread Tropical Fruit Margarine</p>	<p>New Year's Day Meal Sliced Ham Black-Eyed Peas Cabbage Mixed Green Salad Cornbread Applesauce Baked Cookie Margarine Ranch Salad Dressing Diet-Mixed Fruit</p>	<p>Home Delivery Meal Only Homemade Meatloaf w/Brown Gravy Mashed Potatoes Parslied Carrots Mixed Green Salad Dinner Roll Citrus Fruit Cup Margarine Ranch Salad Dressing</p>
30		31	