



Hurricane Active Life Center

August 2023 435-635-2089

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	1	2	3
<p>A suggested donation of \$4.00 is requested from seniors 60 and older.</p> <p>Persons under 60 can enjoy a meal for \$7.00</p> <p>Menu subject to change based</p>	<p>Hawaiian Chicken Haystack White Rice Japanese Vegetable Blend Cucumber Salad Chow Mein Noodles Pineapple Tidbits Milk</p>	<p>Meatballs w/Spaghetti Sauce Penne Pasta Parslied Carrots Brussels Sprouts Garlic Texas Bread Seasonal Fruit Milk</p>	<p>Baked Chicken Coconut Chili Sauce Rice Broccoli Black Bean Salad Dinner Roll Seasonal Fruit Milk Margarine & Ranch Salad Dressing</p>
7	8	9	10
<p>Chicken Cordon Bleu Green Beans Mashed Potatoes Cornbread Tropical Fruit Milk</p>	<p>Sloppy Joe Sandwich French Fries Bean Salad Hamburger Bun Hot Spiced Apples Sugar Cookie Milk Ketchup Diet - Vanilla Wafers</p>	<p>Glazed Ham Pasta Salad Cut Yams Mixed Vegetables Wheat Bread Seasonal Fruit Milk Margarine</p>	<p>Swiss Steak Egg Noodles California Vegetable Blend Whole Kernel Corn Wheat Bread Seasonal Fruit Milk Margarine</p>
14	15	16	17
<p>Cheeseburger Lettuce/Tomato/Onion Potato Wedges Hamburger Bun Pineapple Milk Ketchup Mustard</p>	<p>Beef Taco Spanish Rice Pinto Beans Coleslaw Flour Tortilla Applesauce Milk Taco Sauce</p>	<p>Cheesy Pizza Bake Italian Vegetable Blend Garden Tossed Salad Texas Bread Tropical Fruit Milk Salad Dressing</p>	<p>Chicken Fried Rice Broccoli Cabbage & Carrots Wheat Bread Seasonal Fruit Fortune Cookie Milk Margarine</p>
21	22	23	24
<p>Pork w/Lemon Caper Sauce Brown Rice Whole Kernel Corn Spinach Salad Dinner Roll Seasonal Fruit Milk Margarine Ranch Salad Dressing</p>	<p>Beef Chili w/Beans Shredded Cheese Baked Potato Half California Vegetable Blend Wheat Bread Seasonal Fruit Milk Margarine Sour Cream</p>	<p>Chicken Salad Sandwich Lettuce/Tomato/Onion Coleslaw Hamburger Bun Fresh Grapes Sugar Cookie Milk Diet - Vanilla Wafers</p>	<p>Salisbury Steak w/Gravy Mashed Potatoes Parslied Carrots Green Peas Wheat Roll Seasonal Fruit Milk</p>
28	29	30	31
<p>BBQ Rib Patty Broccoli Whole Kernel Corn Hamburger Bun Cinnamon Applesauce Milk</p>	<p>Homemade Meatloaf Brown Gravy Au Gratin Potatoes Carrots Brussels Sprouts Dinner Roll Fruited Gelatin Milk Diet-Sugar-Free Fruited Gelatin Margarine</p>	<p>Honey Lime Chicken Buttered Rice Green Peas California Vegetable Blend Wheat Bread Tropical Fruit Milk Margarine</p>	<p>Labor Day Meal Cheeseburger Hamburger Bun Lettuce & Tomato French Fries Watermelon Oatmeal Raisin Cookie Milk Ketchup Mustard Diet - Vanilla Wafers</p>