

# Hurricane Active Life Center | April 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Country Fried Steak w/Country Gravy Mashed Potatoes Green Beans Carrot Raisin Salad Wheat Bread Seasonal Fruit Chocolate Chip Cookie Diet - Sugar-Free Cookie Milk	Meatballs w/Spaghetti Sauce Pasta Mixed Vegetables Mixed Green Salad Garlic Texas Bread Fresh Grapes Milk Margarine Ranch Salad Dressing	Turkey Melt Sandwich Hearty Tomato Soup Potato Wedges Wheat Bread Seasonal Fruit Milk Mayonnaise Mustard Ketchup	Cheesy Beef and Rice Casserole Peas and Carrots Brussels Sprouts Dinner Roll Seasonal Fruit Milk Margarine
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Swedish Meatballs Penne Pasta Green Beans with Onion Parslied Carrots Texas Bread Seasonal Fruit Milk	Panko Crusted Pollock w/Creamy Dill Sauce Brown Rice California Vegetable Blend Mixed Vegetables Dinner Roll Seasonal Fruit Milk Margarine	Homemade Meatloaf w/Brown Gravy Garlic Whipped Potatoes Green Peas Spinach Salad Wheat Bread Seasonal Fruit Milk Margarine Ranch Salad Dressing	Chicken w/Alfredo Sauce Rotini Pasta San Francisco Vegetable Blend Whole Kernel Corn Wheat Bread Seasonal Fruit Vanilla Pudding <i>Diet - Vanilla Pudding</i> Milk
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Pork Carnitas Spanish Rice Pinto Beans Cucumber Salad Corn Tortilla Seasonal Fruit Milk Taco Sauce	Open Face Turkey Sandwich w/Gravy Mashed Potatoes California Vegetable Blend Whole Kernel Corn Wheat Bread in Entrée Strawberry Fruited Gelatin Diet - Fruited Gelatin Milk	Salisbury Steak w/Brown Gravy Egg Noodles Mixed Vegetables Beet Salad Dinner Roll Seasonal Fruit Milk Margarine	Minestrone Soup w/Sausage Baked Potato Mixed Vegetable in Entrée Spinach Salad Dinner Roll Seasonal Fruit Milk Margarine Sour Cream Ranch Salad Dressing
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Hawaiian Chicken Haystack Jasmine Rice Broccoli Cabbage and Carrots Wheat Bread Pineapple Tidbits in Entrée Fortune Cookie Milk Margarine	Beef Stroganoff Mashed Potatoes Green Peas Spinach Salad Texas Bread Peach Crisp Diet - Peaches Milk Margarine Ranch Salad Dressing	Chicken Fajita Spanish Rice Fiesta Vegetable Blend Black Bean Salad Corn Tortilla Seasonal Fruit Milk	Herb Roasted Pork Loin w/Creamy Dijon Sauce Au Gratin Potatoes Mixed Vegetables Brussels Sprouts Dinner Roll Seasonal Fruit Milk
<b>29</b>	<b>30</b>		
Bratwurst Sauerkraut Green Peas Garden Vegetable Blend Hamburger Bun Seasonal Fruit Milk	Smothered Chicken Thigh Buttered Rice Whole Kernel Corn Parslied Carrots Texas Bread Seasonal Fruit Milk Margarine	<p>A suggested donation of \$3.00 is requested from seniors 60 and older.</p> <p>Persons under 60 can enjoy a meal for \$7.00</p> <p>Menu subject to change based on availability.</p> <p>Follow Us on Facebook @triocommunitymeals</p>	