

Hurricane Senior Center

February 2018 Newsletter

Happy
Valentine's
Day

February 7 – Taxes 9:00 to 2:00

February 7 – Advisory Board Meeting

February 7 – Representative from Sen. Mike Lee's
office presentation

February 7 & 21 – Blood Pressure/Sugar Screening

February 8 – Zions Way Hand & Neck Massage

February 12 – Movie of the Month

“Hidden Figures”

February 14 – Valentine's Day Lunch

February 19 – Closed for Holiday

February 21 – Hurricane Family Pharmacy
Presentation

February 22 – Happy Birthday/Anniversary

Hurricane Senior Center
95 N 300 W
Hurricane, UT 84737
435-635-2089

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Hours of Operation

Monday – Thursday
9:00AM – 4:00PM

Lunch served daily –
11:30AM - 12:30PM \$3

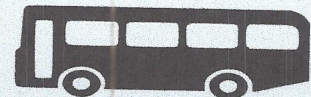
Dial-A-Ride Program

We offer an in town Dial-A-Ride service for grocery shopping or medical needs. Bus hours are 10:30 AM – 2:30 PM Monday – Thursday.

Our Dial-A-Ride service to St. George is available Wednesday afternoon for your shopping or medical needs.

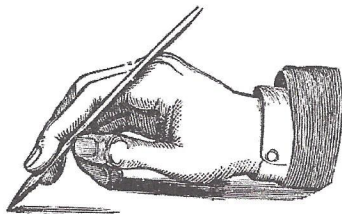
Age 60+ suggested donation:
\$5 round trip/\$3 one way

Call 435-635-2089 to schedule.



Visit us on Facebook:

<https://www.facebook.com/Washington-County-Hurricane-Senior-Citizens-Center-380901339009614>



Writing? Poetry, creative
writing?

We will starting a writing class,
February 5th @ 12:03.

Hand & Foot Cards-Starting
February 6th @ 1:00, come
and join the game.

Monthly Events

Dixie-Can-Do's Entertain -1st & 3rd Monday

Living Wills and Trust Information available - 4th
Monday @ 11:30am

**Encompass Home & Healthcare – Blood
Pressure & Sugar checks** – 1st & 3rd Wednesday
@ 11:00am-12:00pm

Hurricane Family Pharmacy – Presentation 3rd
Wednesday @ 12:00pm

Zions Way – Hand and Neck Massages – 2nd
Thursday @ 11:00am – 12:00pm

Writing Class – every Mon @ 12:30pm

Hand & Foot Card Game– every Tues @ 1:00pm

Crochet Class – 2nd & 4th Thurs @ 1:00pm \$1

Beginning Knitting – 2nd & 4th Thurs @ 1:00pm \$1

Craft Class – every Wed @ 12:30pm \$1

Bingo 60+ Only – every Thursday @ 12:30pm

Bridge Group – every Monday @ 12:30 \$.50

Paint Club – Tuesdays @ 1:00pm \$2

Billiards – Open daily 9am – 3:30pm

Happy Birthday/Anniversary Celebration – last
Thursday of every month!

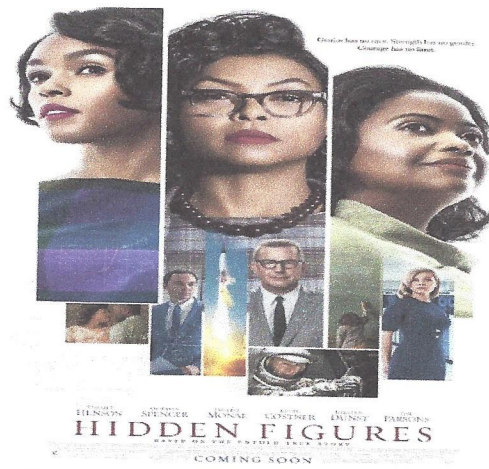
COME JOIN US!

THRIFT STORE

OPEN MON – THURS

11:30 AM – 2:30 PM

DONATIONS ACCEPTED!



Starring: Taraji P. Henson, Octavia Spencer, Janelle Monáe

"As the United States raced against Russia to put a man in space, NASA found untapped talent in a group of African-American female mathematicians that served as the brains behind one of the greatest operations in U.S. history. Based on the unbelievably true life stories of three of these women, known as "human computers", we follow these women as they quickly rose the ranks of NASA alongside many of history's greatest minds specifically tasked with calculating the momentous launch of astronaut John Glenn into orbit, and guaranteeing his safe return. Dorothy Vaughan, Mary Jackson, and Katherine Johnson crossed all gender, race, and professional lines while their brilliance and desire to dream big, beyond anything ever accomplished before by the human race, firmly cemented them in U.S. history as true American heroes".

Come join us for the movie of the month. After lunch on Monday February 12th.
Free popcorn.



Free-In Person Tax Preparation Service

AARP Foundation Tax-Aide offers free tax preparation to anyone of any age-especially if you are 50 or older or can't afford paid tax preparation.

Here at the Senior Center every Wednesday from 9:00 am to 2:00 pm.

Monday	Tuesday	Wednesday	Thursday
<p>A suggested donation of \$3.00 is requested from seniors 60 and older.</p> <p>Persons under 60 can enjoy a meal for \$7.00.</p> <p>Milk and bread served with all meals. Salad bar available every day in dining room.</p>			<p>Turkey Shepherd's Pie ¹ Mixed Green Salad Cornbread Hot Spiced Fruit</p>
<p>⁵ Beef Cabbage Casserole Buttered Rice Stewed Tomatoes Rye Bread Peach Crisp</p>	<p>⁶ Roasted Turkey Breast Poultry Gravy Maple Roasted Sweet Potatoes Green Beans Mixed Green Salad Seasonal Fruit</p>	<p>⁷ Pulled BBQ Chicken Sandwich Baked Beans Potato Salad Apple Raisin Compote Diet - Hot Sliced Apples</p>	<p>⁸ Homemade Meatloaf Brown Gravy Whipped Potatoes California Vegetable Blend Carrot Raisin Salad Seasonal Fruit</p>
<p>¹² Mild Pork Carnitas Spanish Rice Mixed Beans Mixed Green Salad Tortilla Applesauce</p>	<p>¹³ Ground Beef Stroganoff Egg Noodles Mixed Vegetables Mixed Green Salad Garlic Texas Bread Pears</p>	<p><i>Valentine's Day</i> ¹⁴ Roast Beef w/Gravy Whipped Potatoes Mixed Vegetables Mixed Green Salad Seasonal Fruit Strawberry Shortcake Cookie Diet - Crème Cookies</p>	<p>¹⁵ Crustless Chicken Pot Pie Coleslaw Biscuit Seasonal Fruit</p>
<p>¹⁹ <i>Closed for Holiday</i></p>	<p>²⁰ Potato Crusted Pollock Macaroni and Cheese Brussels Sprouts Coleslaw Pineapple Tidbits</p>	<p>²¹ Cheeseburger Pie Glazed Carrots Creamed Green Peas Seasonal Fruit Cookie Diet - Crème Cookies</p>	<p>²² Cranberry Orange Chicken Breast Roasted Potatoes Capri Vegetable Blend Mixed Green Salad Tropical Fruit</p>
<p>²⁶ Sweet and Sour Chicken Fried Rice Sugar Snap Peas Mandarin Oranges</p>	<p>²⁷ Beef Chili w/Beans Baked Potato w/Sour Cream Corn O'Brien Mixed Green Salad French Silk Pudding Seasonal Fruit</p>	<p>²⁸ Glazed Ham Sweet Potato Hash Green Beans Sliced Beets Cornbread Applesauce</p>	<p><i>Happy Valentine's Day</i></p>

			1-Feb
			Billiards 9:30 Bingo after Lunch
5-Feb	6-Feb	7-Feb	8-Feb
Bridge 12:30-3:30	Chyrrel to play piano	Taxes 9:00-2:00	Billiards 9:30
DSU Presentation "The Geology of Hurricane Valley" 1:00	Painting Club 1:00	Representative from Sen. Mike Lee's Office Presentation 11:30	Zions Way Hand/Neck Massage 11:00-12:00
		Blood Pressure/Sugar 11:00-12:00	Bingo after Lunch
		Craft Class 1:00-3:00	Knitting/Crochet 1:00
12-Feb	13-Feb	14-Feb	15-Feb
Movie after lunch "Hidden Figures"	Painting Club 1:00	Taxes 9:00-2:00	Billiards 9:30
Bridge 12:30-3:30		Craft Class 1:00-3:00	Bingo after Lunch
19-Feb	20-Feb	21-Feb	22-Feb
Closed for Holiday	Painting Club 1:00	Taxes 9:00-2:00	Billiards 9:30
		Blood Pressure/Sugar 11:00-12:00	Happy Birthday/Anniversary Cake & Ice Cream
		Pharmacist @ Lunch	Bingo after Lunch
		Craft Class 1:00-3:00	Knitting/Crochet 1:00
26-Feb	27-Feb	28-Feb	
Living Wills & Trust 11:00	Painting Club 1:00	Taxes 9:00-2:00	
Bridge 12:30-3:30		Craft Class 1:00-3:00	



Valentine's Day Knock-Knock Jokes



*Knock, knock.

Who's there?

Jimmy

Jimmy who?

Jimmy a little kiss on the cheek.

*Knock, knock.

Who's there?

Ben

Ben who?

Ben thinking a lot about you lately.

*Knock, knock.

Who's there?

Dishes

Dishes who?

Dishes your one and only sweetheart.

*Knock, knock.

Who's there?

Dozen

Dozen who?

Dozen anyone want to be my valentine?

Are you a Senior
who needs help. . .

Shopping?



Getting to the Doctor?



Writing Letters?



Reading Mail?

Or do you just need a friend?

The
**SENIOR COMPANION
PROGRAM**

Can Help!!

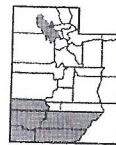
Call

435-673-3548

Corporation for
**NATIONAL &
COMMUNITY
SERVICE**

Sponsored by
Five County AOG

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United Way



Don't give to a charity imposter

When you give to a charity, you're giving because you care and want to help — and you want to be sure your money actually gets to those you're trying to help. But scammers who pretend to be a charity try to get to your wallet. So consider these tips before you give:

- Rule out anyone who asks you to send cash, pay with a gift card, or wire money.
- Confirm the exact name of the charity and do some research, especially when donating for the first time. Search for the name of the charity online — plus the word “complaint” or “scam.” That's one way to learn about a charity's reputation.
- Give to charities you know and trust, with a proven track record. Before you give to any charity, check them out with the [Better Business Bureau's \(BBB\) Wise Giving Alliance](#), [Charity Navigator](#), [Charity Watch](#), or [GuideStar](#).
- Be wary of charities that seem to pop up overnight in connection with a natural disaster or other tragedy.
- Don't assume that pleas for help on crowdfunding sites or social media are legitimate. Real victims' pictures and stories can easily be misused to con you.
- Before you text to donate, confirm the number on the charity's website.
- Never click on links or open attachments in e-mails, even if they appear to be from a charity. You could unknowingly install [malware](#) on your computer or be taken to a look-alike website run by scammers.

For more information, visit [ftc.gov/charity](https://www.ftc.gov/charity). If you think you've spotted a charity scam, tell us at [ftc.gov/complaint](https://www.ftc.gov/complaint).

Utah Consumer Protection Information

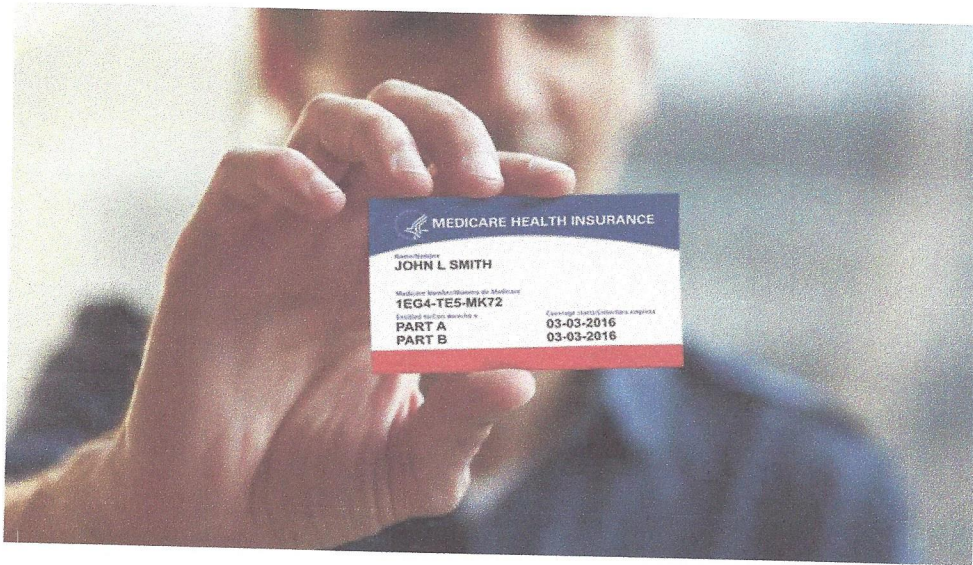
<https://dcp.utah.gov/consumerinfo/charities.html>

Division Phone 801-530-6601

Toll-Free (in-state only) 800-721-7233

E-Mail consumerprotection@utah.gov

February Message #1



You're getting a new Medicare card!

Cards will be mailed between April 2018 – April 2019

You asked, and we listened. You're getting a new Medicare card! Between April 2018 and April 2019, we'll be removing Social Security numbers from Medicare cards and mailing each person a new card. This will help keep your information more secure and help protect your identity. You'll get a new Medicare Number that's unique to you, and it will only be used for your Medicare coverage. The new card won't change your coverage or benefits. You'll get more information from Medicare when your new card is mailed.

Here's how you can get ready:

- Make sure your mailing address is up to date. If your address needs to be corrected, contact Social Security at ssa.gov/myaccount or 1-800-772-1213. TTY users can call 1-800-325-0778.
- Beware of anyone who contacts you about your new Medicare card. We'll never ask you to give us personal or private information to get your new Medicare Number and card.
- Understand that mailing everyone a new card will take some time. Your card might arrive at a different time than your friend's or neighbor's. Cards will be mailed alphabetically by last name.

February Medicare Message #2

What are the Medicare Savings Programs?

Medicare Savings Programs (MSPs) are Medicaid-administered programs for people on Medicare who have limited income and resources. These programs help those qualified to afford Medicare. There are four different Medicare Savings Programs, each with different income and resource eligibility limits. These are [the limits for 2017](#):

- **Qualified Medicare Beneficiary (QMB):** People may qualify if they have income less than 100% of the Federal Poverty Level (FPL) and resources under \$7,390 if single, \$11,090 if married. If eligible, QMB will cover the Medicare premiums (Part A, if applicable, and Part B), deductibles, copayments and/or coinsurance. Monthly income limits include a \$20 general income disregard;
 - \$1,025/\$1,374 single/married
- **Specified Low-Income Beneficiary (SLMB):** Seniors/adults with disabilities may qualify if they have income between 100-120% FPL and resources under \$7,390 if single, \$11,090 if married. If eligible, SLMB will cover the Medicare Part B premium (\$134 in 2017). Monthly income limits include a \$20 general income disregard;
 - \$1,226/\$1,644 single/married
- **Qualifying Individual (QI):** QI is a limited program (block-grant to states), and is available on a first-come, first-serve basis. People with Medicare may qualify if they have income between 120-135% FPL and resources under \$7,390 if single, \$11,090 if married. If eligible, QI will cover the Medicare Part B premium. Monthly income limits include a \$20 general income disregard;
 - \$1,377/\$1,847 single/married
- **Qualified Disabled Working Individual (QDWI):** Adults under age 65 and disabled but who recently returned to work and are no longer eligible for premium-free Part A may qualify for QDWI. Their income must be at or below 200% FPL and their resources under \$4,000 if single, \$6,000 if married. However, there are additional earned income disregards that raise the income ceiling for QDWI. If eligible, QDWI will cover their Part A premium. Monthly income limits include a \$20 general income disregard and other earned income disregards;
 - \$4,105/\$5,499 single/married

What are the advantages of Medicare Savings Programs?

Seniors and younger adults with disabilities who may not qualify for full Medicaid may still be able to enroll in the Medicare Savings Programs. There are two major advantages to doing so:

- **Saving money on Medicare costs.** Three of the four MSPs cover the Medicare Part B premium, which in 2018 is \$134 a month for individuals who receive help with their premiums. Enrollment in MSPs puts over \$1,400 back into the wallets of seniors/adults with disabilities each year.
- **Automatic Extra Help.** Enrollment into MSPs automatically “deems” a person eligible to receive the [Medicare Part D Low Income Subsidy \(LIS/Extra Help\)](#). This benefit helps pay for prescription drugs and is estimated by the Social Security Administration to have an annual value of \$4,000. Furthermore, if a senior/adult with disabilities is not already enrolled in Part D, they will have no late enrollment penalty if they receive Extra Help.